

Access to precision medicine: the patient advocacy perspective

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The BMJ champions patient partnership to help doctors make better decisions in PM

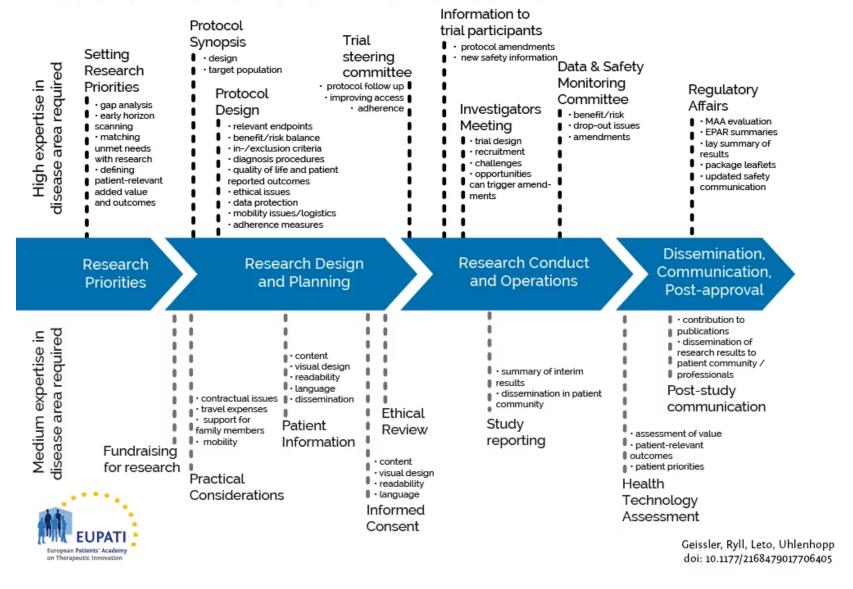




- **BMJ strengthened patient partnership** starting in 2014 by developing internal expertise, introducing patient editors, and requiring research to include statements on patient and public involvement.
- Significant adoption of patient and public review: By 2022, over 85% of research papers underwent patient and public review, with around 50% of accepted research having completed this process. (I've conducted several patient reviews over last seven years.)
- Focus on patient involvement in genomic medicine: In 2023 after patient safety, the second highest priority was patient involvement in genomic medicine. (see Doble et al. 2023, BMJ)



## Patient involvement in medicines R&D



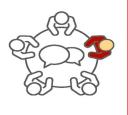
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The same potential patient involvement can be charted along the care and clinical continuum to improve access to and the effectiveness of precision medicine.



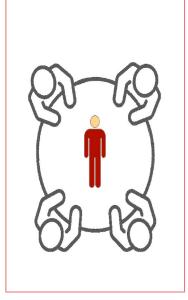


## Patient education for better patient involvement



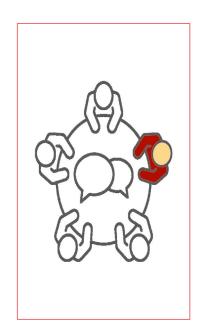
#### Education platforms such as EUPATI:

- Online toolbox: For patient advocates and the public
- Patient expert training course: for expert patients to be effective partners to industry, clinical research, regulatory bodies and the health authorities.
- Training patients towards a better understanding on patient engagement, partnerships and collaborations with other stakeholders.
- EUPATI "fellows": Accredited; matching services
- Patient organizations provide recommendations



Patient centricity to patient involvement

Patient partner – a value stakeholder



# Addressing Health Equity – Advocating for All Patients

#### The Need for Inclusive Access:

Address disparities in access to precision medicine based on socioeconomic status, race, and geographic location.

• Patient Advocate's Role as both educators and agents of Policy and Systemic Change:

Advocates not only educate individual or groups of patients but also push for broader policy changes that make precision medicine more accessible to all.

## Collaboration with Healthcare Systems:

Advocates can work with healthcare providers, insurers, and policymakers to remove barriers and ensure equitable access to precision medicine.

§ SCCL has a weekly MTB, video-conferenced, bringing together specialists from the academic and the private sector but no patient representatives.

SCCL sees around 400 cases per year vs MarieCurie Paris ~ 250 cases per year.

Liu et al. 2023 a small Texas MTB, consisting of pediatric oncologists, pathologists, and pharmacists, evaluated 115 cases between 2016 and 2021. Only 3 patients, however, received MTB targeted therapy, and only 1 of demonstrated an improved clinical outcome.

European Molecular Tumour Board
Network (EMTBN), e.g., physicians,
scientists, patient representatives, ethicists

## Takeways:

- Patient involvement could help with raising aware of the benefits of biomarker testing and precision medicine with patients and health stakeholders.
- This could lead to improved patient outcomes through optimal treatment for each person
- More targeted therapies could reduce ineffective treatments and lead to long-term savings on healthcare budgets.

#### Questions

- 1. Do you know of MTBs that include patient involvement in any way?
- 2. What is your reaction to the idea of involving patient advocates?
- 3. What kind of background or experience would you want to see in such patient advocates?
- 4. What value do patient advocates bring in terms of educating patients and other stakeholders?
- 5. How do you view the need to research etiology and causation and emphasize prevention vs medicines development?

