

## EHA-GBMTA-AHA Hematology Tutorial: New aspects in diagnostic choices and treatment options of hematological malignancies

Self-assessment case 1 Session Indolent Non-Hodgkin Lymphoma

Maria Gomes da Silva October 18th 2024



## Introduction

- A 37-year-old female patient presented in August 2016 with fatigue, lower left limb edema and abdominal pain
- Physical examination
  - $\rightarrow$  lymphadenopathy (cervical, axillar and left inguinal)
  - → no organomegaly
- Histology of the cervical node:











# Q1) What is the most likely diagnosis?

- 1. Infectious mononucleosis (EBV)
- 2. Hodgkin lymphoma
- 3. Follicular lymphoma
- 4. Diffuse large B-cell lymphoma
- 5. Peripheral T cell lymphoma

# Q1) What is the most likely diagnosis?

- 1. Infectious mononucleosis (EBV)
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- 5. Peripheral T cell lymphoma

## Staging

### Bone marrow trephine biopsy



ASH image bank









Ann Arbor stage IV: Based on lymph nodes above and below diaphragm and BM infiltration<sub>5</sub>

# Q2) How can prognosis be assessed in this patient?

- 1. Using the FLIPI index
- 2. Using the FLIPI 2 index
- 3. Using the PRIMA-Prognostic index
- 4. Assessing the disease status at 24 months after treatment initiation
- 5. All of the above

# Q2) How can prognosis be assessed in this patient?

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# Prognostic Indexes in Folicular Lymphoma

Table 4. FLIPI and PRIMA-PI risk factors						
Parameter	Definition of risk factors					
	FLIPI 1	FLIPI 2	PRIMA-PI			
Nodal sites	>4 LN regions (definition in <sup>5</sup> )	Long diameter of largest LN >6 cm				
Age	>60 years	>60 years	_			
Serum marker	Elevated LDH	Elevated B2M	Elevated B2M			
Stage	Advanced stage III-IV (Ann Arbor classification)	Bone marrow involvement	Bone marrow involvement			
Haemoglobin	<12 g/dl	<12 g/dl	—			

FLIPI:

low risk: 0-1 risk factor.

intermediate risk: 2 risk factors.

high risk: 3-5 risk factors.

PRIMA-PI:

low risk: B2M normal and bone marrow not involved.

· intermediate risk: B2M normal and bone marrow involved.

• high risk: B2M elevated.

B2M, β2-microglobulin; FLIPI, Follicular Lymphoma International Prognostic Index; LDH, lactate dehydrogenase; LN, lymph node; PRIMA-PI, PRIMA prognostic index.

Treatment is not decided on the basis of prognostic indexes

Criteria to start treatement are clinical and related to symptoms and tumor burden (eg.

GELF criteria, BNLI criteria)

## Other factors affecting the course of follicular lymphoma





TMTV  $\leq 510$  cm<sup>3</sup>

TMTV > 510 cm<sup>3</sup>



Casulo C; Byrtek; M, Dawson KL; et al Journal of Clinical Oncology 2015 332516-2522.

Meignan M et al, <u>Br J Radiol.</u> 2021 Nov 1; 94(1127): 20210448.

Q3) What treatment do you recommend in this patient (stage IV symptomatic follicular lymphoma)?

- 1. Watch and wait
- 2. Rituximab monotherapy, 4 weekly administrations
- 3. Oral PI3K (idelalisib) treatment until progression
- 4. 6 cycles of immunochemotherapy followed by rituximab maintenance
- 5. Consolidation of first response with high dose chemotherapy and autologous transplant

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## Treatment outcomes with different regimens





Nizzoli ME, Manni M, Ghiggi C et al. Hematol Oncol. 2023 Oct;41(4):655-662. Hiddemann W, Barbui AM, Canales MA et al. J Clin Oncol. 2018 Aug 10;36(23):2395-2404..

Bachy E, Seymour JF, Feugier P, et al J Clin Oncol. 2019 Nov 1;37(31):2815-2824.

Morschhauser F, Nastoupil L, Feugier P et al. J Clin Oncol. 2022 Oct 1;40(28):3239-3245.



# Q4) How should response be evaluated?

- 1. Clinically, by physical examination
- 2. By PET CT (using Deauville score) at the end of induction therapy
- 3. By CT scan and bone marrow aspirate
- 4. At regular intervals using CT scan after final response evaluation
- 5. By ctDNA quantification

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- 1. Clinically, by physical examination
- 2. By PET CT (using Deauville score) at the end of induction therapy
- 3. By CT scan and bone marrow aspirate
- 4. At regular intervals using CT scan after final response evaluation
- 5. By ctDNA quantification

#### Feedback:

The Lugano classification says that FDG- avid lymphomas (including FL) should be staged and response-evaluated by PET CT

Regular CT scans are are not indicated during surveillance; BM aspirate is not sufficient to assess BM infiltration ctDNA is not routinely used

## Evaluation 6 week after 6 cycles of R CHOP





### Deauville score 2:

Complete metabolic remission



# Q5) How should we proceed in this patient?

- 1. Watch and wait
- 2. Lymph node biopsy
- 3. Start second line treatment with a platinum-based regimen aiming to autologous stem cell transplant (ASCT)
- 4. Start second line treatment with rituximab lenalidomide
- 5. Initiate ibrutinib 420 mg daily until progression

# Q5) How should we proceed in this patient?

- 1. Watch and wait
- 2. Lymph node biopsy
- 3. Start second line treatment with a platinum-based regimen aiming to autologous stem cell transplant (ASCT)
- 4. Start second line treatment with rituximab lenalidomide
- 5. Initiate ibrutinib 420 mg daily until progression

### Feedback:

The patient is symptomatic  $\Rightarrow$  W+W is not an option

Intensive chemotherapy and ASCT has now a limited role and may be discussed in early (<24 months) progressors

Biopsy should be repeated at each relapse due to risk of transformation

Rituximab lenalidomide is approved for relapsed FL (but biopsy should be performed before) while ibrutinib has low action





Before rituximab lenalidomid e



20

## Rituximab lenalidomide in iNHL at relapse





Leonard JP et al. J Clin Oncol. 2019 May 10;37(14):1188-1199.

# Histology of the celiac lymph node



Conclusion: Diffuse large B cell lymphoma with a GC phenotype (Hans algorithm) No BCL2 or MYC rearrangements were detected by FISH (break apart probes)



# Q6) Transformation of follicular lymphoma after two lines of therapy (already treated with anthracycline)

## How should we proceed?

- 1. Salvage with anti CD20 antibody and bendamustine
- 2. R DHAP and BEAM followed by ASCT if chemosensitive
- 3. Cellular therapy with CAR T if available
- 4. Bispecific antibody (glofitamab or epcoritamab) if available

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**Feedback:** Current treatment options for transformed lymphoma with prior treatment with anthracyclines are similar to Diffuse Large B Cell Lymphoma including chemotherapy and ASCT





March 2023 (after R DHAP, before CAR T)

June 2023 (3M after CAR T)

# Discussion and conclusions

- First line treatment for advanced follicular lymphoma is based on immunochemotherapy, with maintenance prolonging PFS
- Relapses are frequent and difficult to predict in individual cases
- Biopsy should be repeated at each relapse due to the risk of transformation
- Multiple options exist for relapsed disease, with responses progressively shorter
- Intensive chemotherapy and autologous stem cell transplant have a limited role in FL
- Currently, in young patients who may be candidates to cellular therapy bendamustine should be used with caution at relapse
- Transformed disease is treated as DLBCL, including HDT and ASCT and cellular therapy as indicated
- Cellular therapy with CAR T-cells has a role in 3<sup>rd</sup> or further line of treatment of FL in selected cases and in countries with regulatory approval

## CAR T cell trial results in diffuse and follicular B cell lymphoma

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- 2. Locke FL, Miklos DB, Jacobson CA, Perales MA et al. Axicabtagene Ciloleucel as Second-Line Therapy for Large B-Cell Lymphoma. N Engl J Med. 2022 Feb 17;386(7):640-654.
- 3. Abramson JS, Palomba ML, Gordon LI, et al. Two-year follow-up of lisocabtagene maraleucel in relapsed or refractory large B-cell lymphoma in TRANSCEND NHL 001. Blood. 2024 Feb 1;143(5):404-416.
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## EHA-GBMTA-AHA Hematology Tutorial: New aspects in diagnostic choices and treatment options of hematological malignancies

Self-assessment case 2 Session Indolent Non-Hodgkin Lymphoma

Maria Gomes da Silva October 18th 2024



## Introduction

- A 49-year-old male patient presents in May 2016 with fatigue, slight jaundice and low grade fever
- Physical examination
  - $\rightarrow$  no lymphadenopathy or organomegaly
  - $\rightarrow$  pallor, jaundice
  - $\rightarrow$  Bilateral malleolar edema
- Labs:

Hb 121 g/L	WBC 10.4 x10 <sup>9</sup> /L	Platelets 295 x10 <sup>9</sup> /L			
LDH 225 IU/L	B2 M 4.13 mg/L	CPR 2.04 mg/dL			
AST 60 IU/L	ALT 80 IU/L				
ALP 300 UI/L (UNL 1	50) GGT 200	UI/L(UNL 34)			
Bilirubin (2.5 mg/dL/1.8 mg/dL)					
Hepatitis B and C and HIV serologies: negative					
Total protein 7g/dL	Albumin 3.5 g/L				
lgM 107 mg/dL	lgG 1196 mg/dL	lgA 67 mg/dL			



Immunofixation: biclonal IgM lambda and IgG K discrete peaks 31

# Body CT scan







Liver biopsy

The liver is infiltrated by small lymphoid cells with irregular nuclei and clear cytoplasm, staining for CD20 but not for CD10, CD5 or BCL6. A diagnosis of marginal zone lymphoma is made.







### **BM** trephine biopsy

shows a nodular and interstitial infiltrate by small, irregular lymphoid cells, without plasma cell differentiation

Bone marrow biopsy

### Bone marrow aspirate: flow cytometry



# Q1) What other test would you order at this time?

- 1. PET CT
- 2. Abdominal MRI
- 3. PCR for MYD88 L265P mutations in bone marrow
- 4. FISH for t(14;18) translocation in bone marrow
- 5. FISH for t(11;14) translocation in bone marrow

# Q1) What other test would you order at this time?

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- 4. FISH for t(14;18) translocation in bone marrow
- 5. FISH for t(11;14) translocation in bone marrow

### Feedback:

PET CT and abdominal MRI are not mandatory to stage MZL; PET CT may be useful if transformation is suspected and to stage localized disease

MYD88 L265P mutations are found in >90% cases of Waldenstrom's Macroglobulinemia and <10% marginal zone Lymphoma and may help in differential diagnosis

t(14;18) is most frequently found (85%) in follicular lymphoma cells

t(11;14) is most frequently found (95%) in mantle cell lymphoma cells

### Bone marrow aspirate: flow cytometry



## Prognostic assessment



Thieblemont C et al. Blood. 2017;130(12):1409-1417

Conconi A et al. Haematologica 2020, 105(11): doi.org/10.3324/haematol.2019.237990

#### **Early progression**



В



# Q2) What treatment would you recommend for this patient?

- 1. Watch and wait
- 2. Rituximab monotherapy, 4 weekly administrations
- 3. Oral ibrutinib 560 mg/day until progression
- 4. 4 to 6 cycles of immunochemotherapy with R bendamustine
- 5. High dose chemotherapy with autologous stem cell transplantation after first line response

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- 1. Watch and wait
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#### Feedback:

Rituximab bendamustine is effective therapy for advanced marginal zone lymphoma

Rituximab monotherapy is less effective than immunochemotherapy in marginal zone lymphoma in need of systemic therapy

BTK inhibitors are not approved for first line treatment of marginal zone lymphoma

High dose chemotherapy is not indicated as consolidation for first response in indolent lymphomas

## Outcomes of immunochemotherapy in advanced MZL



R-chlorambucil vs R mono vs chlorambucil

Retrospective analysis 237 patients receiving **6 cycles of BR** Overall Response rate 93.2% Complete response rate 81%



Zucca E, Conconi A, Martinelli G et al. Journal of Clinical Oncology 2017 351905-1912.

Alderuccio JP, Arcaini L, Watkins MP et al. Blood Adv 2022; 6 (7): 2035-2044

## Should rituximab maintenance be used after immunochemotherapy?

	Planned restaging timepoints				Additional restaging			
Response	After induction (month 6)		After 1 year of maintenance (month 18)		After 2 years of maintenance (month 30)		During follow-up (up to month 60)	
	N	%	N	%	N	%	N	%
CR	57	52	66	61	76	70	81	74
PR	37	34	21	19	8	7	8	7
SD	3	3	2	2	1	1	2	2
PD	2	2	2	2	1	1	6	5
NA	10	9	18	17	23	21	12	11

Kaplan-Meier estimate of CR duration









Stathis A, Pirosa MC, Orsucci L et al Haematologica. 2024 Aug 1;109(8):2564-2573



**No symptoms** Normal **labs,** Hb 14.5 g/dL

#### **CT** scan

No adenopathy, no organomegaly **BM biopsy**: normal hematopoiesis







# Q3) What treatment do you recommend for this patient at first relapse?

- 1. Watch and wait
- 2. Plasmapheresis
- 3. Repeat R bendamustine
- 4. 6 cycles of R CHOP
- 5. Oral idelalisib 150 mg twice a day until progression

# Q3) What treatment do you recommend for this patient at first relapse?

- 1. Watch and wait
- 2. Plasmapheresis
- 3. Repeat R bendamustine
- 4. 6 cycles of R CHOP
- 5. Oral idelalisib 150 mg twice a day until progression

#### Feedback:

According to ESMO guidelines, if systemic treatment is required chemoimmunotherapy can be repeated if remission ≥24 months. However, due to potencial toxicity BR is usually not repeated.

In other cases, an alternate chemoimmunotherapy regimen can be used. ASCT may be considered in fit patients with clinically aggressive relapse.

Idelalisb is effective in indolent lymphomas at  $\geq$  3rd line but toxicities are of concern

# **Role of BTK inhibitors: ibrutinib** for the treatment of marginal zone lymphoma





## Safety and efficacy of **zanubrutinib in relapsed/refractory marginal zone lymphoma:** final analysis of the **MAGNOLIA study**



Opat S, Tedeschi A, Hu B, Linton KM et al. Blood Adv. 2023 Nov 28;7(22):6801-6811

3/2021	4/202	1 8/2021	
Hb 11. 4mg/dL Fatigue	RCHOP	Y X 6	
Relapse Stage IV disease	Hb 114 g/L WBC 6.29 x10 <sup>9</sup> /L Platelets 225 x10 <sup>9</sup> /L AST, ALT: Normal ALP, GGT, bilirubin: Normal LDH 232 IU/L B2M 3.98 mg/dL CPR 3.02 mg/dL IgG 1116 mg/dL IgM 85 mg/dL	BM biopsy: normal hematopoesis PET CT: negative	
	PET CT	Complete remission	E 1
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# Q4) How should this patient be managed after remission?

- 1. Imaging surveillance with periodic PET CT
- 2. Clinical surveillance with regular laboratory evaluation
- 3. Lenalidomide maintenance
- 4. BTK inhibitor maintenance

# Q4) How should this patient be managed after remission?

- 1. Imaging surveillance with periodic PET CT
- 2. Clinical surveillance with regular laboratory evaluation
- 3. Lenalidomide maintenance
- 4. BTK inhibitor maintenance

#### Feedback:

Imaging surveillance is not indicated in indolent lymphoma Neither lenalidomide nor BTK inhibitor maintenance are indicated in marginal zone lymphoma. Both agents may be useful at relapse but only BTK inhibitors are approved in that setting.

## Should ASCT have been considered as consolidation?

1.0

199 patients

- Registered in EBMT, FIL, GELTAMO  $\succ$
- EMZL, SMZL, NMZL  $\succ$
- Median 57 yo  $\succ$
- Median 2y from diagnosis to ASCT  $\geq$

Median 5 y follow up 29% pts died (33 due to PD, 22 in remission)







# **Craneal MRI and Cerebrospinal Fluid**



#### Normal MRI



Cell count: 90/μL 54% neutrophils 38% lymphocytes 8% monocytes Proteins 5.49 g/L Albumin 40 g/L IgA 64 mg/dL IgG 1234 mg/dL IgG 1234 mg/dL IgM 50 mg/dL Glucose 51 mg/dL Cl 116 mmol/L LDH 43 IU/L

#### **Viral DNA**

HSV1, HSV2 – undetectable VZV, CMV – undetectable HHV6 – undetectable BK vírus – undetectable JC vírus - undetectable

# Q5) What other tests can be useful?

- 1. Flow cytometry of the cerebrospinal fluid
- 2. PCR for MYD88 L265P mutation in the cerebrospinal fluid
- 3. Bone marrow aspirate and biopsy
- 4. PET CT
- 5. All of the above

# Q5) What other tests can be useful?

- 1. Flow cytometry of the cerebrospinal fluid
- 2. PCR for MYD88 L265P mutation in the cerebrospinal fluid
- 3. Bone marrow aspirate and biopsy
- 4. PET CT
- 5. All of the above

#### Feedback:

Flow cytometry helps to confirm B cell lymphoma infiltration in CSF MYD88 L265P mutation is expected to be present in neoplastic cells in this patient Bone marrow evaluation and PET CT are part of the staging of relapsed disease; PET CT helps to evaluate possible transformation into high grade lymphoma

#### Cerebrospinal fluid: flow cytometry



Cerebrospinal fluid: MYD L265P mutation present



Staging PET CT (transformation?)

# Q6) What treatment would you recommend at this time?

- 1. High dose systemic methotrexate
- 2. Repeated administrations of intrathecal methotrexate
- 3. Oral covalent BTK inhibitor (ibrutinib or zanubrutinib)
- 4. Oral pirtobrutinib
- 5. Oral lenalidomide

# Q6) What treatment would you recommend at this time?

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- 2. Repeated administrations of intrathecal methotrexate
- 3. Oral covalent BTK inhibitor (ibrutinib or zanubrutinib)
- 4. Oral pirtobrutinib
- 5. Oral lenalidomide

#### Feedback:

Although systemic and intrathecal methotrexate may be used to treat CSF infiltration by MZL, covalent BTK inhibitors penetrate well the blood brain barrier and lead to remission in patients presenting with this rare complication, as well as Waldenstrom's Macroglobulinemia patients with Bing Neel syndrome No data are available regarding the non-covalent BTK inhibitor pirtobrutinib or lenalidomide in this setting.



## New treatments for marginal zone lymphomas

#### CAR T-cells

31 MZL pts included in ZUMA 5 (axi cel) Median 64 yo, median 3 prior treatment lines ORR 77% || CR 65% Median DOR at 36 months 64%





#### Bispecific antibodies

- Mosunetuzumab
- Epcoritamab
- Odronextamab
- New trials



Radhakrishnan VS, Davies AJ. Front Immunol. 2024 Jan 11;14:1295599. Thieblemont C et al. Blood, 2023, 142, 3055

## **Discussion and conclusions**

- Marginal zone lymphomas are indolent but heterogeneous
- Prognosis is usually good but may be difficult to ascertain in individual cases
- Molecular characterization may contribute to the differential diagnosis but distinction from lymphoplasmacytic lymphoma/Waldenstrom's macroglobulinemia can be difficult in disseminated disease
- In advanced, symptomatic patients first line immunochemotherapy is indicated
- Uncertain remains about optimal treatment sequencing in relapsed/refractory advanced disease
- Relapses in need of systemic therapy may be candidates to new agents including BTK inhibitors
- Intensive chemotherapy and autologous stem cell transplant have a limited role in marginal zone lymphoma
- New treatments in the horizon include cellular and other immunotherapies

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