



EHA-GBMTA-AHA Hematology Tutorial

Self-assessment case
MM Session



EHA-GBMTA-AHA Hematology Tutorial – New Aspects in Diagnostic Choices and Treatment Options of Hematological Malignancies

MM in 2024

Diagnosis and response assessment

Risk stratification

First-line treatment for transplant-eligible patients

First-line treatment for transplant-ineligible patients

Moving BCMA-targeting forward

Diagnostic criteria for MM: beyond «CRAB»

Panel: Revised International Myeloma Working Group diagnostic criteria for multiple myeloma and smouldering multiple myeloma

Definition of multiple myeloma

Clonal bone marrow plasma cells $\geq 10\%$ or biopsy-proven bony or extramedullary plasmacytoma* and any one or more of the following myeloma defining events:

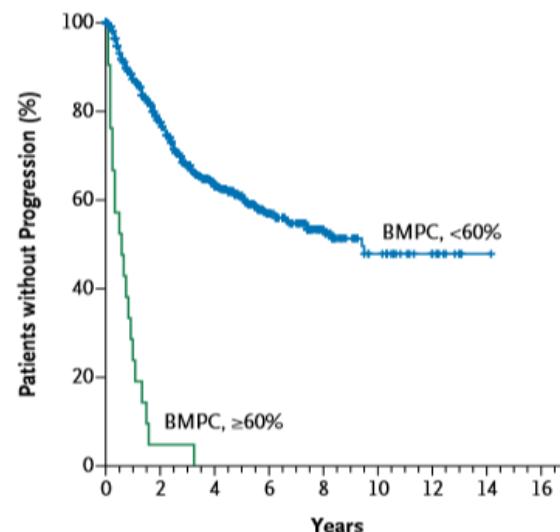
- Myeloma defining events:
 - Evidence of end organ damage that can be attributed to the underlying plasma cell proliferative disorder, specifically:
 - Hypercalcaemia: serum calcium $>0.25 \text{ mmol/L}$ ($>1 \text{ mg/dL}$) higher than the upper limit of normal or $>2.75 \text{ mmol/L}$ ($>11 \text{ mg/dL}$)
 - Renal insufficiency: creatinine clearance $<40 \text{ mL per min}^{\dagger}$ or serum creatinine $>177 \mu\text{mol/L}$ ($>2 \text{ mg/dL}$)
 - Anaemia: haemoglobin value of $>20 \text{ g/L}$ below the lower limit of normal, or a haemoglobin value $<100 \text{ g/L}$
 - Bone lesions: one or more osteolytic lesions on skeletal radiography, CT, or PET-CT[‡]
 - Any one or more of the following biomarkers of malignancy:
 - Clonal bone marrow plasma cell percentage* $\geq 60\%$
 - Involved/uninvolved serum free light chain ratio[§] ≥ 100
 - >1 focal lesions on MRI studies[¶]

Definition of smouldering multiple myeloma

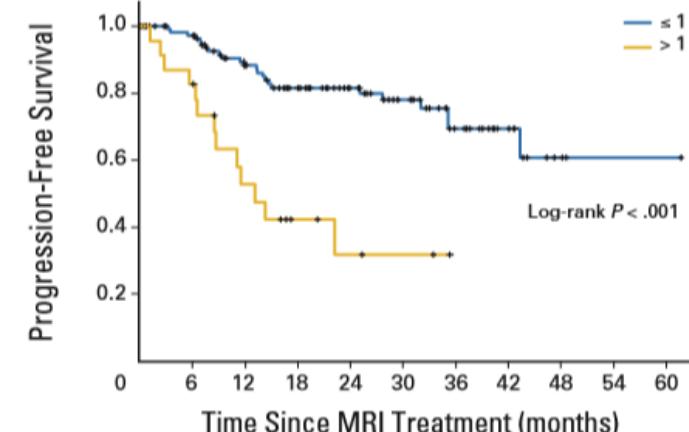
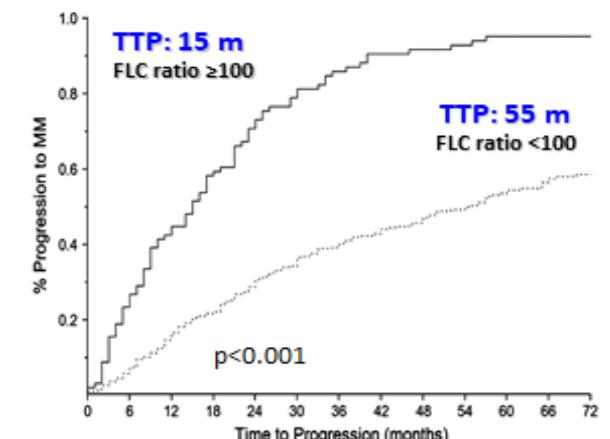
Both criteria must be met:

- Serum monoclonal protein (IgG or IgA) $\geq 30 \text{ g/L}$ or urinary monoclonal protein $\geq 500 \text{ mg per 24 h}$ and/or clonal bone marrow plasma cells 10–60%
- Absence of myeloma defining events or amyloidosis

PET-CT = ¹⁸F-fluorodeoxyglucose PET with CT. *Clonality should be established by showing kappa/lambda light-chain restriction on flow cytometry, immunohistochemistry, or immunofluorescence. Bone marrow plasma cell percentage should preferably be estimated from a core biopsy specimen; in case of a disparity between the aspirate and core biopsy, the highest value should be used. [†]Measured or estimated by validated equations. [‡]If bone marrow has less than 10% clonal plasma cells, more than one bone lesion is required to distinguish from solitary plasmacytoma with minimal marrow involvement. [§]These values are based on the serum FreeLight assay (The Binding Site Group, Birmingham, UK). The involved free light chain must be $\geq 100 \text{ mg/L}$. [¶]Each focal lesion must be 5 mm or more in size.



Ultra-high-risk of progression with FLC ratio > 100



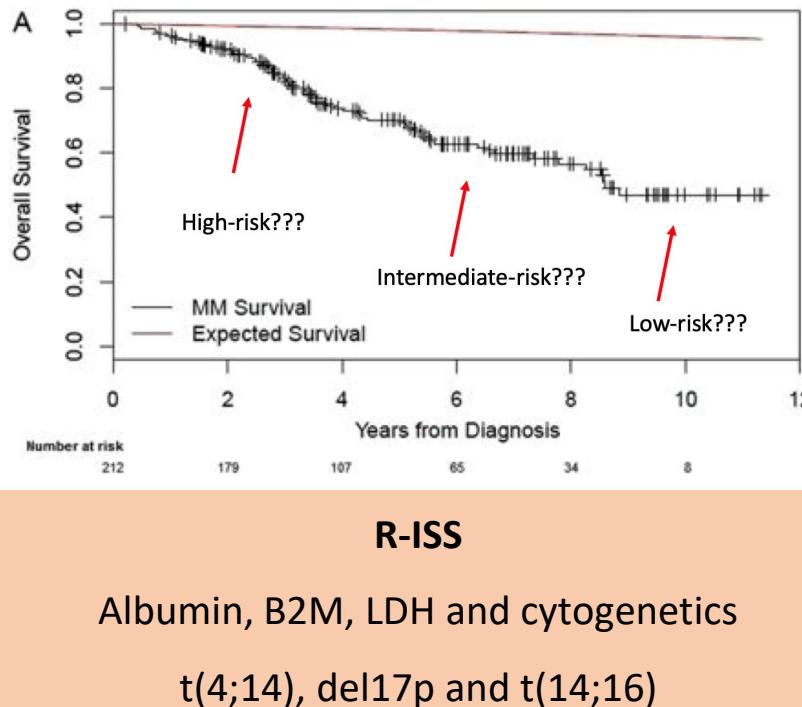
How to define >>risk>> in MM?

The current risk stratification model does not take into account all the known risk factors

Age

Frailty and performance status

Organ function and comorbidities



Extramedullary disease

1q gain/amp
del1p

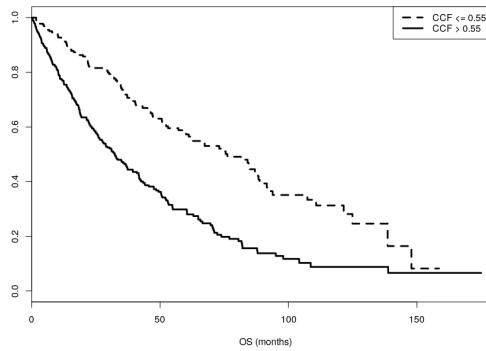
Circulating tumour cells

Plasma cell leukemia

High-risk features: cytogenetics

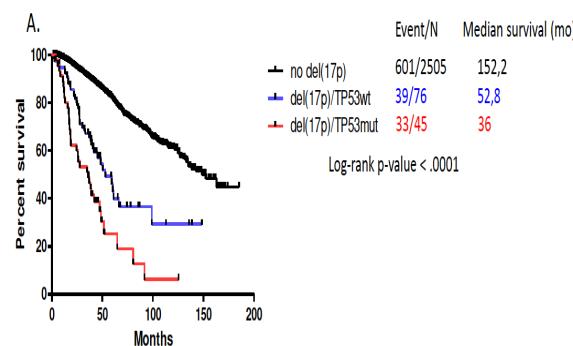
Del17p / TP53 mutation

Del17p Clonal fraction: 55% cut-off



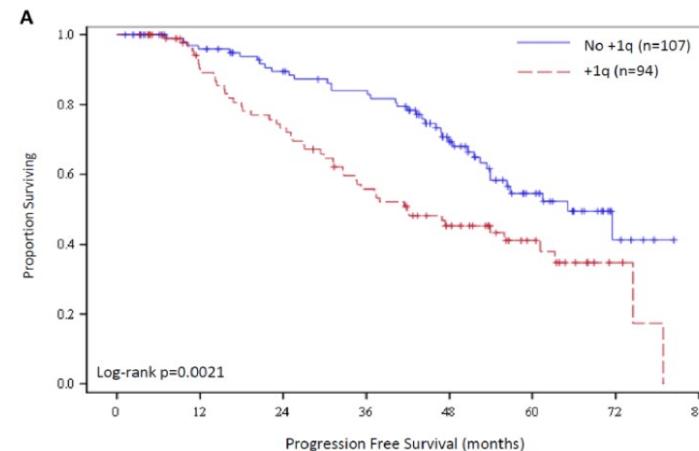
8% at diagnosis

121 patients with del17p: 37% also had TP53 mutation (double hit)

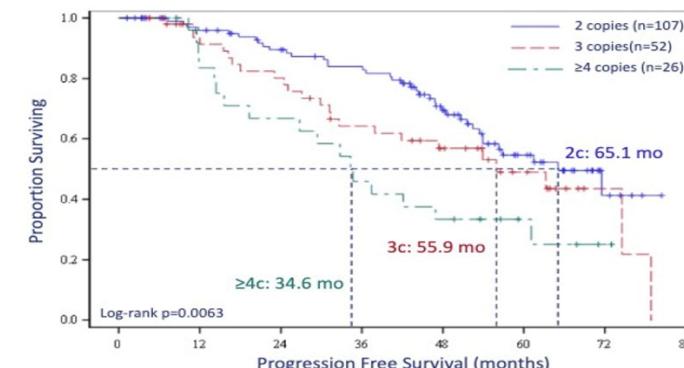


1q gain/amp

30-40% of MM patients carry 1q CNA

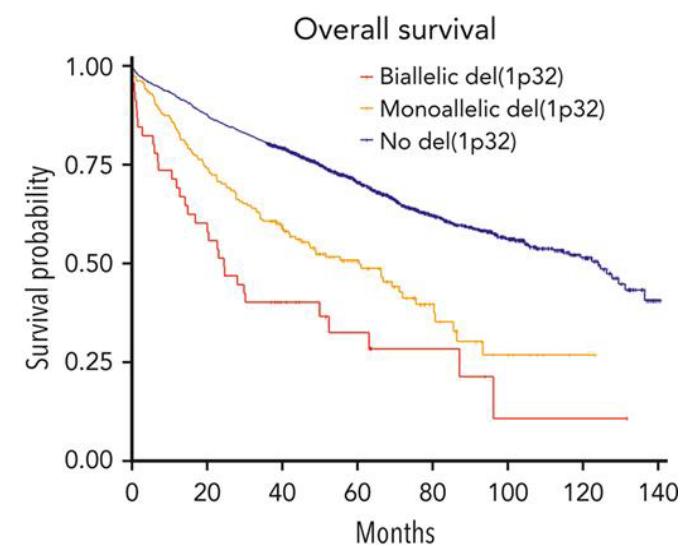


1q copy number predicts patients' outcome



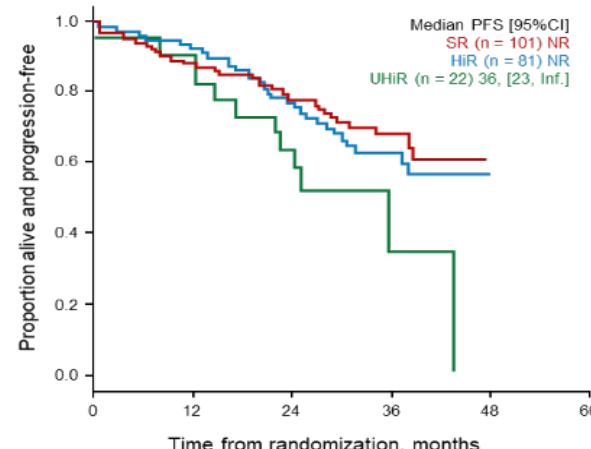
del1p

8-10% at diagnosis

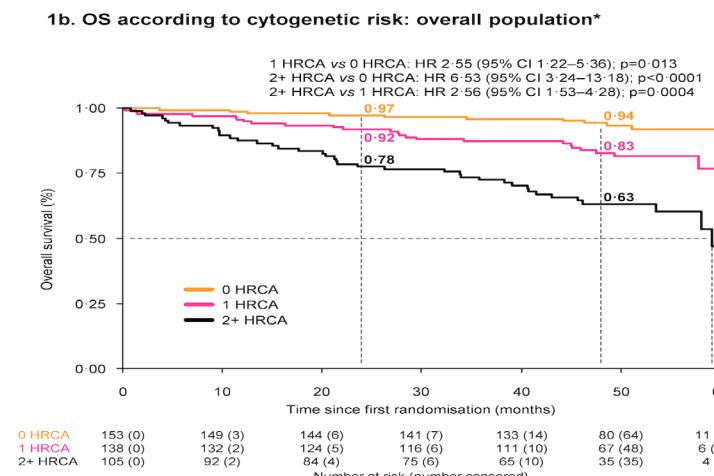


The number of genetic lesions matters: standard risk vs high-risk vs ultra high-risk

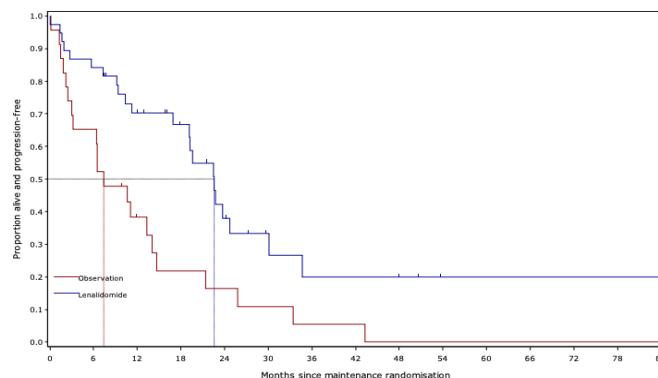
KCRD Myeloma XI



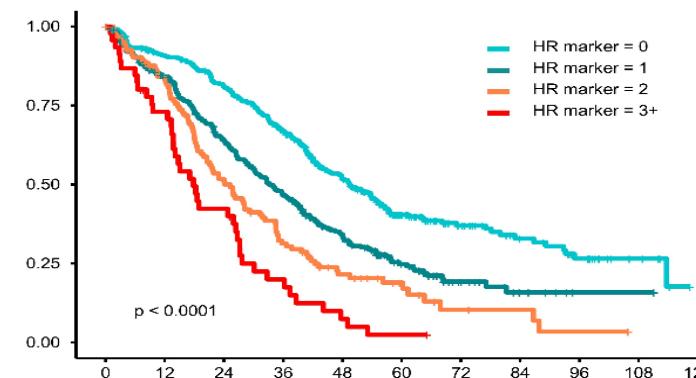
KRd-ASCT vs KRD12 vs KCd-ASCT FORTE



R maintenance Myeloma XI



Bortezomib (GMMG-HD4/MM5)



Circulating plasma cells are an independent risk factor

CPC evaluable population: 401/474 subjects - Median CPC 0.02% (IQR 0-0.14) - Cut-off 0.07% (5 cells/ul, 0.005 x10⁹/l)

More Than 2% of Circulating Tumor Plasma Cells Defines Plasma Cell Leukemia–Like Multiple Myeloma

Tomas Jelinek, MD, PhD¹; Renata Bezdikova, PhD²; David Zihala, PhD¹; Tereza Sevcikova, PhD^{1,3}; Anjana Anilkumar Sithara, MSc^{1,3}; Lenka Pospisilova, MSc⁴; Sabina Sevcikova, PhD⁵; Petra Polackova, MSc²; Martin Stork, MD, PhD⁶; Zdenka Knechtova, MSc⁶; Ondrej Venglar, MSc³; Veronika Kapustova, MSc¹; Tereza Popkova, MD¹; Ludmila Muranova, MD¹; Zuzana Chyra, PhD¹; Matous Hrdinka, PhD¹; Michal Simicek, PhD¹; Juan-Jose Garcés, PhD⁷; Noemi Puig, MD, PhD⁸; Maria-Teresa Cedena, MD, PhD⁹; Artur Jurczyszyn, MD, PhD¹⁰; Jorge J. Castillo, MD, PhD¹¹; Miroslav Penka, MD²; Jakub Radocha, MD, PhD¹²; Maria Victoria Mateos, MD⁸; Jesús F. San-Miguel, MD, PhD⁷; Bruno Paiva, PhD⁷; Ludek Pour, MD, PhD⁵; Lucie Rihova, PhD²; and Roman Hajek, MD, PhD¹

Circulating Tumor Cells for the Staging of Patients With Newly Diagnosed Transplant-Eligible Multiple Myeloma

Juan-Jose Garcés, MSc¹; Maria-Teresa Cedena, MD²; Noemi Puig, MD, PhD³; Leire Burgos, PhD¹; Jose J. Perez, PhD³; Lourdes Cordon, PhD⁴; Juan Flores-Montero, MD, PhD^{5,6}; Luzalba Sanoja-Flores, PhD⁷; Maria-Jose Calasanz, PhD¹; Albert Ortoli, MD⁸; Maria-Jesus Blanchard, MD⁹; Rafael Rios, MD, PhD¹⁰; Jesus Martin, MD⁷; Rafael Martinez-Martinez, PhD¹¹; Joan Bargay, MD, PhD¹²; Anna Sureda, MD, PhD^{8,13}; Javier de la Rubia, MD^{4,14,15}; Miguel-Teodoro Hernandez, MD, PhD¹⁶; Paula Rodriguez-Otero, MD, PhD¹; Javier de la Cruz, MD²; Alberto Orfao, MD, PhD^{5,6}; Maria-Victoria Mateos, MD, PhD³; Joaquin Martinez-Lopez, MD^{2,17}; Juan-Jose Lahuerta, MD²; Laura Rosiñol, MD, PhD¹⁸; Joan Blade, MD, PhD¹⁸; Jesus F. San-Miguel, MD, PhD¹; and Bruno Paiva, PhD¹



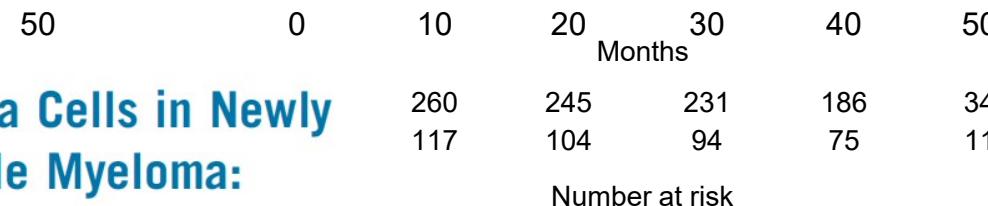
Circulating Plasma Cells in Newly Diagnosed Multiple Myeloma: Prognostic and More

High Levels of Circulating Tumor Plasma Cells as a Key Hallmark of Aggressive Disease in Transplant-Eligible Patients With Newly Diagnosed Multiple Myeloma

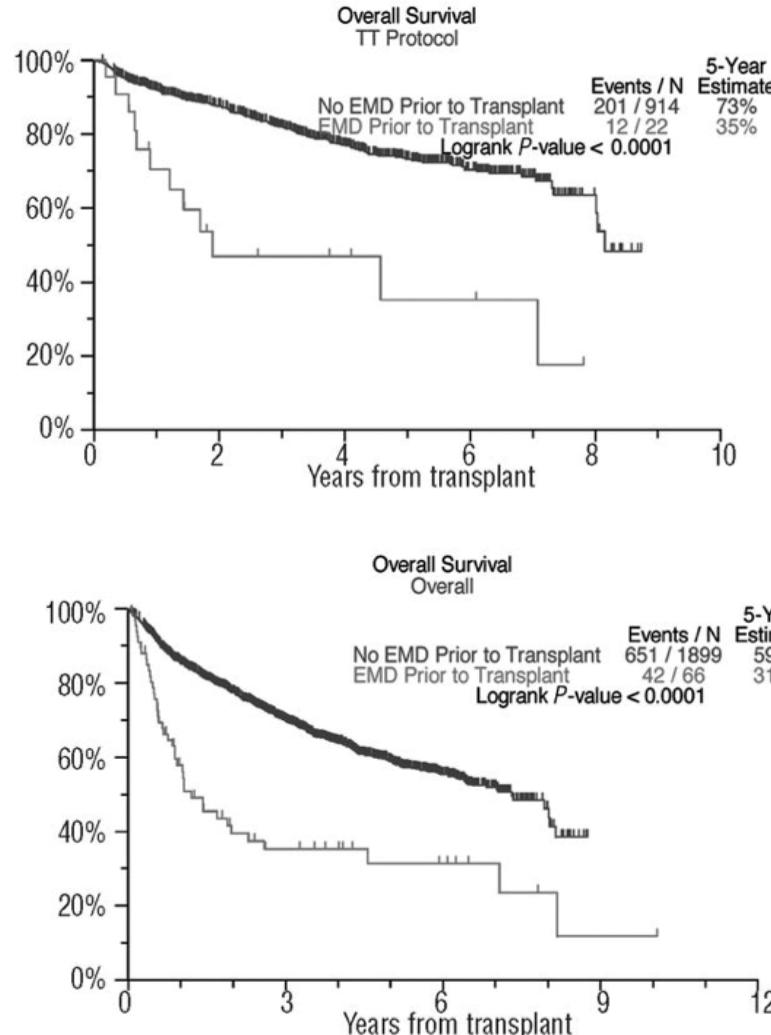
Luca Bertamini, MD¹; Stefania Oliva, MD, PhD¹; Delfi Rota-Scalabrini, MD²; Laura Paris, MD³; Sonia Moré, MD⁴; Paolo Corradini, MD⁵; Antonio Ledda, MD⁶; Massimo Gentile, MD⁷; Giovanni De Sabbata, MD⁸; Giuseppe Pietrantuono, MD⁹; Anna Pascarella, MD¹⁰; Patrizia Tosi, MD¹¹; Paola Curci, MD¹²; Milena Gilestro, BSc¹; Andrea Capra, MScEng¹; Piero Galieni, MD¹³; Francesco Pisani, MD¹⁴; Ombretta Annibali, MD, PhD¹⁵; Federico Monaco, MD¹⁶; Anna Marina Liberati, MD¹⁷; Salvatore Palmieri, MD¹⁸; Mario Luppi, MD, PhD¹⁹; Renato Zambello, MD²⁰; Francesca Fazio, MD²¹; Angelo Belotti, MD²²; Paola Tacchetti, MD, PhD²³; Pellegrino Musto, MD^{12,24}; Mario Boccadoro, MD¹; and Francesca Gay, MD, PhD¹

Identification of High-Risk Multiple Myeloma With a Plasma Cell Leukemia-Like Transcriptomic Profile

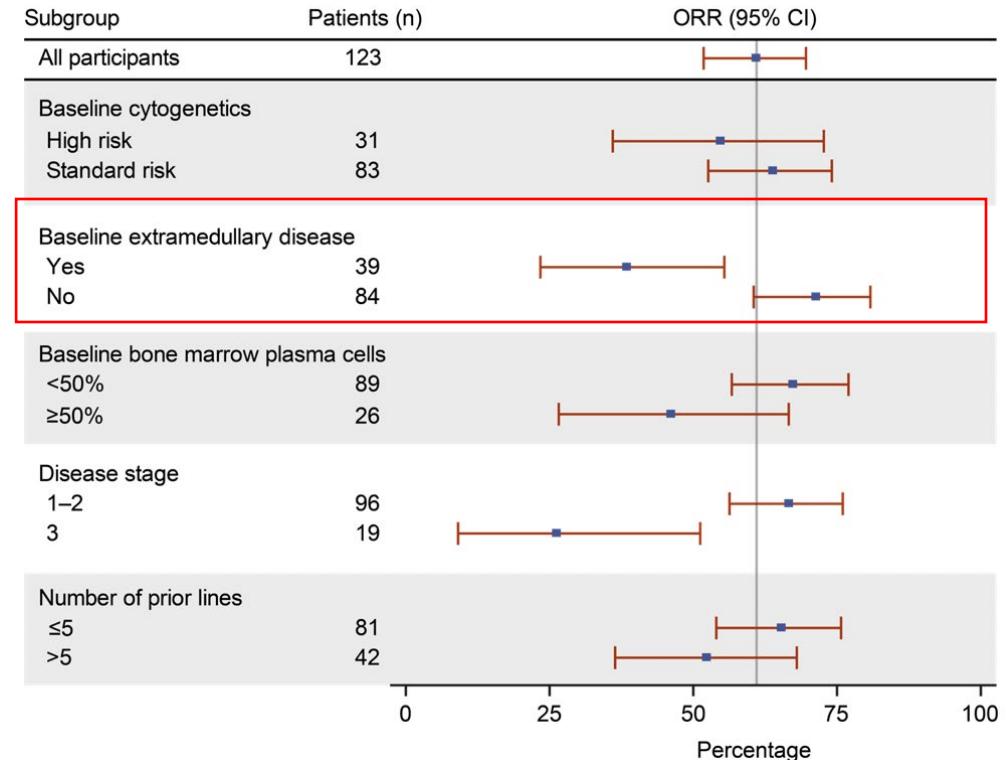
Davine Hofste op Bruinink, MD, MSc^{1,2}; Rowan Kuiper, PhD^{1,3}; Mark van Duin, PhD¹; Tom Cupedo, PhD¹; Vincent H.J. van der Velden, PhD²; Remco Hoogenboezem, MSc¹; Bronno van der Holt, PhD⁴; H. Berna Beverloo, PhD⁵; Erik T. Valent, PhD³; Michael Vermeulen, BSc¹; Francesca Gay, MD, PhD⁶; Annemiek Broijl, MD, PhD¹; Hervé Avet-Loiseau, MD, PhD⁷; Nikhil C. Munshi, MD, PhD⁸; Pellegrino Musto, MD⁹; Philippe Moreau, MD¹⁰; Sonja Zweegman, MD, PhD¹¹; Niels W.C.J. van de Donk, MD, PhD¹¹; and Pieter Sonneveld, MD, PhD¹



Extramedullary Myeloma is associated to lower probability of response and worse survival



Probability of response to Elranatamab in the MagnetisMM-3 study



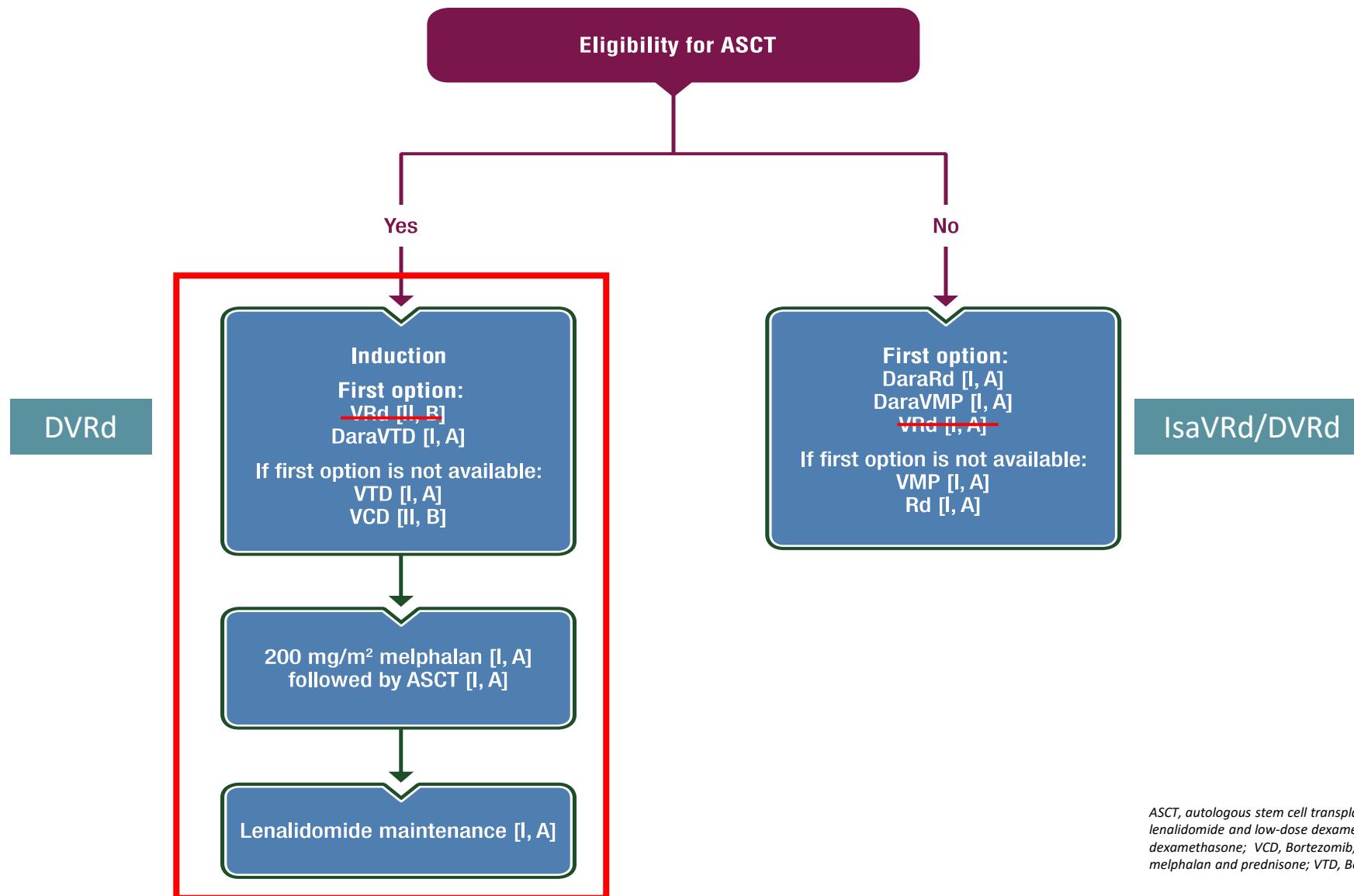
New IMWG definition of high-risk MM: Barcelona criteria

- Del17p (>20% clonal cells)
- TP53 mutation
- Bi-allelic del1p32
- t(4;14), t(14;16) or t(14;20) + 1q gain/amp or monoallelic del1p
- 1q gain and monoallelic del1p32
- B2M \geq 5.5 mg/dl with normal creatinine

How to treat NDMM patients?

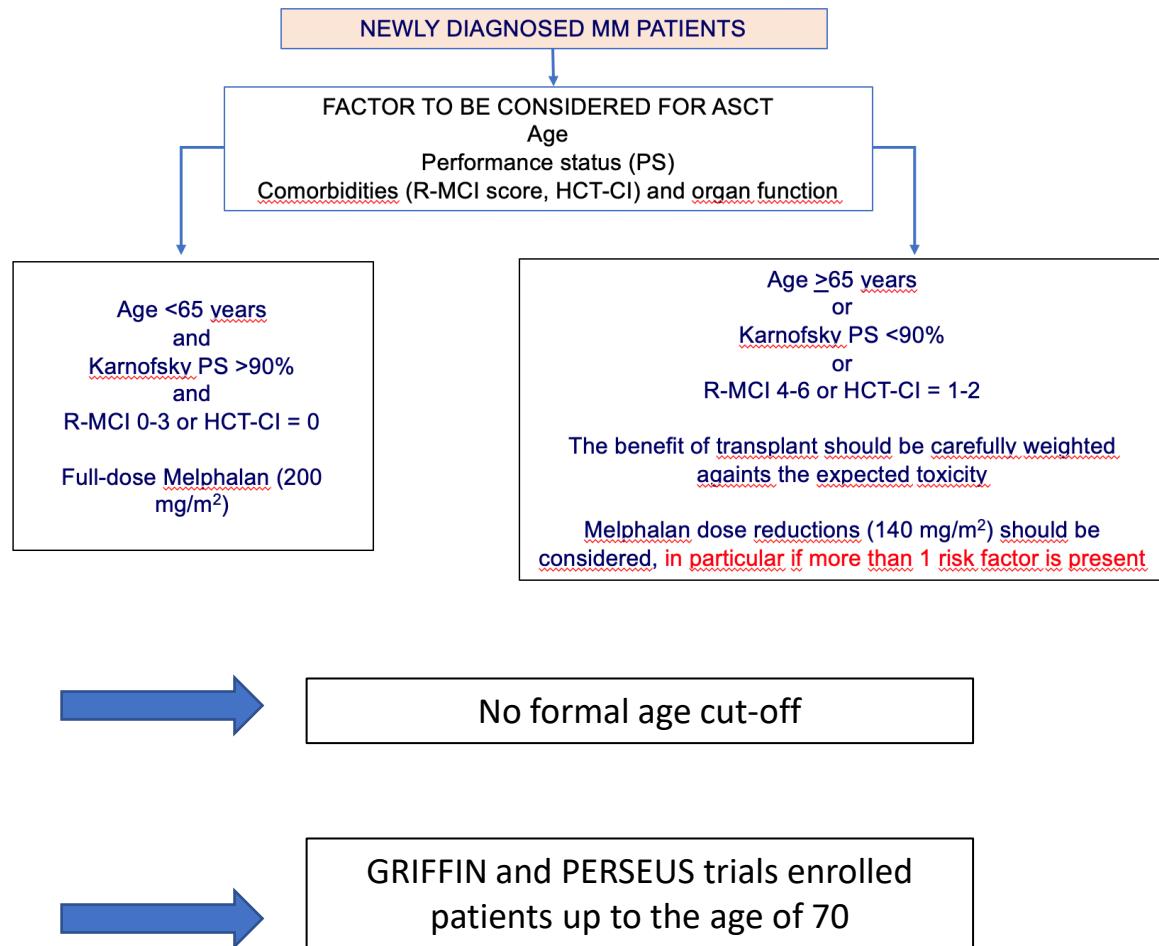
Multiple myeloma: EHA-ESMO Clinical Practice Guidelines

Treatment of Newly diagnosed Multiple Myeloma



ASCT, autologous stem cell transplantation; Dara, daratumumab; PI, proteasome inhibitor; Rd, lenalidomide and low-dose dexamethasone; VRD, bortezomib, lenalidomide, and dexamethasone; VCD, Bortezomib, cyclophosphamide and dexamethasone; VMP, bortezomib, melphalan and prednisone; VTD, Bortezomib, thalidomide and dexamethasone.

Transplant: defining eligibility and outcomes



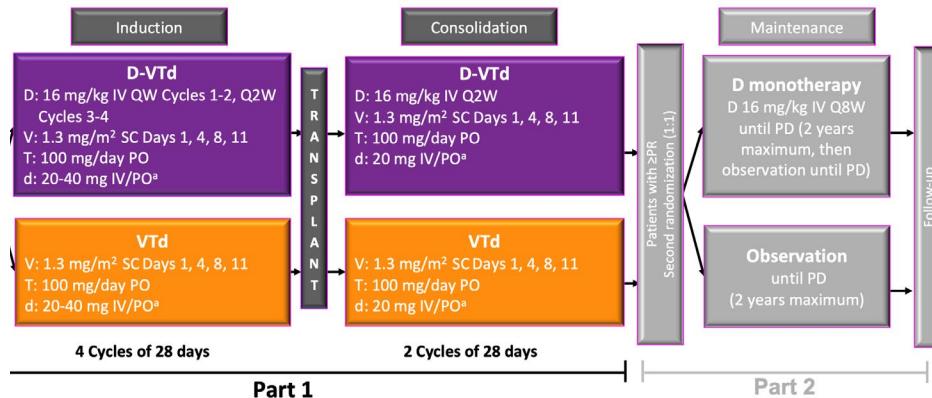
Retrospective Studies	Median age, y (range)	Conditioning regimen	TRM (%)	OS
Bashir et al. Leuk Lymphoma 2012; 53:118-122.	72 (70-80)	MEL200: 65% of pts MEL140: 25% of pts MEL100: 10% of pts	All pts: 3. <75 y: 2; ≥75 y: 6.	5-year: 67%
Merz et al. Ann Oncol 2014; 25:189–195	65	MEL200	60-64 y: 2.4 65-69 y: 1 70-75 y: 0	60-64 y: NR; 65-69 y: NR; 70-75 y: NR.
Ozaki et al. Acta Haematol 2014; 132:211–219	65-68	MEL200/140	0	NR
Sanchez et al. Biol Blood Marrow Transplant 2017; 23:1203–1207	NA	NA	<65 y: 2.3 ≥65 y: 1.2	NA
Stettler et al. Leuk Lymphoma 2017; 58:1076–1083	NA	MEL200: 65-70 y MEL140: >70 y	65-70 y: 0 >70 y: 0	2-year: 65-70 y: 96%; >70 y: 100%.
Belotti et al. Blood 2018; 132: Abstract #2151 [ASH 2018 60th Meeting]	NA	MEL200: 68% of pts MEL<200: 32% of pts	0	NA
Ghilardini et al. Bone Marrow Transplant 2018; Nov 2 [presented at ASH 2017 59 th Meeting]	67.5 (65-77)	MEL200: 75.3% MEL70-180: 24.7%	MEL200: 1.4; MEL70-180: 2.	≤70 y: 82.8 mo; >70 y: 56.2 mo
Marini et al. Ann Hematol 2019; 98:369–379	67 (66-70)	MEL200: 38% MEL140: 62%	NA	NA
Mizuno et al. Blood 2018; 132: Abstract #3437 [ASH 2018 60th Meeting]	66 (65-76)	MEL200/140/100:	<65 y: 0.4 ≥65 y: 1.2	5-year: <65 y: 63%; ≥65 y: 64%.
Saini et al. 2018 Blood 132:Abstract #4608 [ASH 2018 60th Meeting]	81 (80-83)	MEL140	0	NR; 2-year: 75%

Phase III studies challenging triplets as induction and consolidation in ASCT-eligible patients

CASSIOPEA

D-VTd versus VTd in transplant-eligible NDMM (N = 1,085)

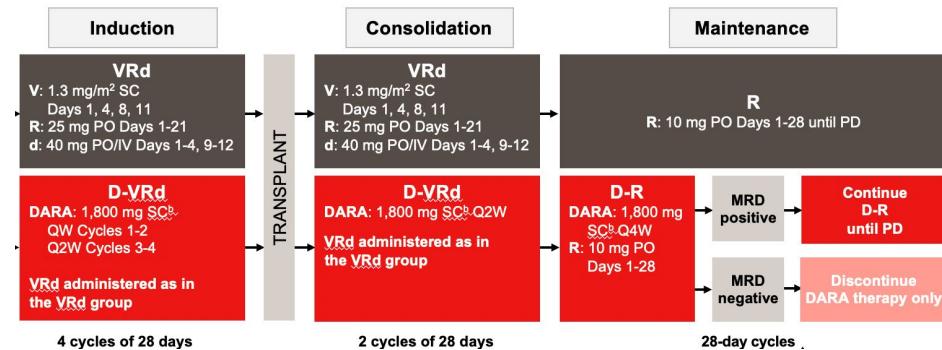
Primary endpoint: post-consolidation sCR



EMN17 / PERSEUS

D-VRd versus VRd in transplant-eligible NDMM (N = 709)

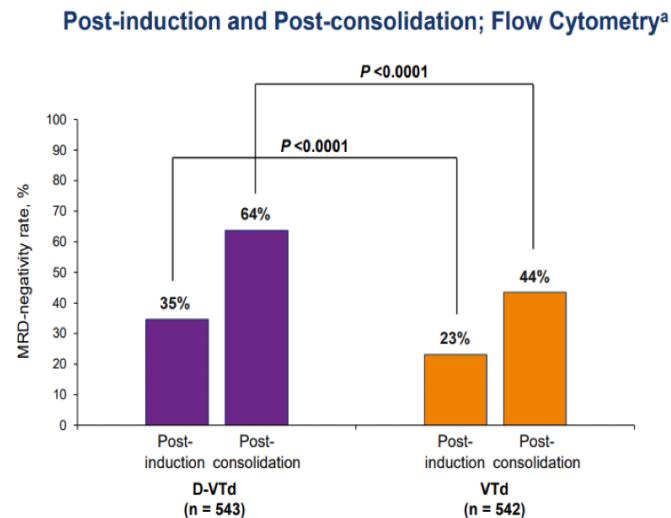
Primary endpoint: progression-free survival



Phase III studies challenging triplets as induction and consolidation in ASCT-eligible patients

CASSIOPEA

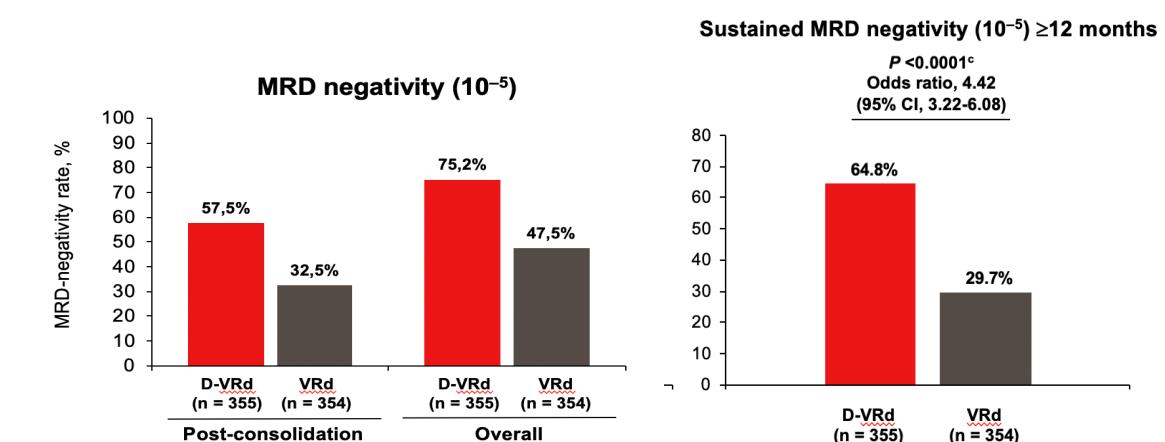
D-VTd versus VTd in transplant-eligible NDMM (N = 1,085)



Primary endpoint: Post-consolidation sCR:
29% D-VTd vs 20% VTd
Odds ratio, 1.60; P = 0.0010

EMN17 / PERSEUS

D-VRd versus VRd in transplant-eligible NDMM (N = 709)

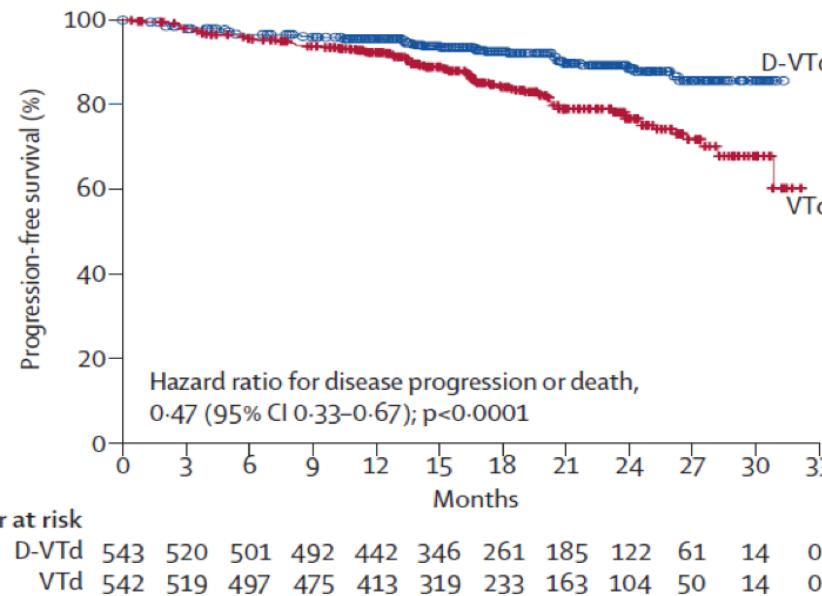


CR or sCR rates:
88% D-VRd vs 70% VRd
Odds ratio, 3.13; P < 0.0001

Phase III studies challenging triplets as induction and consolidation in ASCT-eligible patients

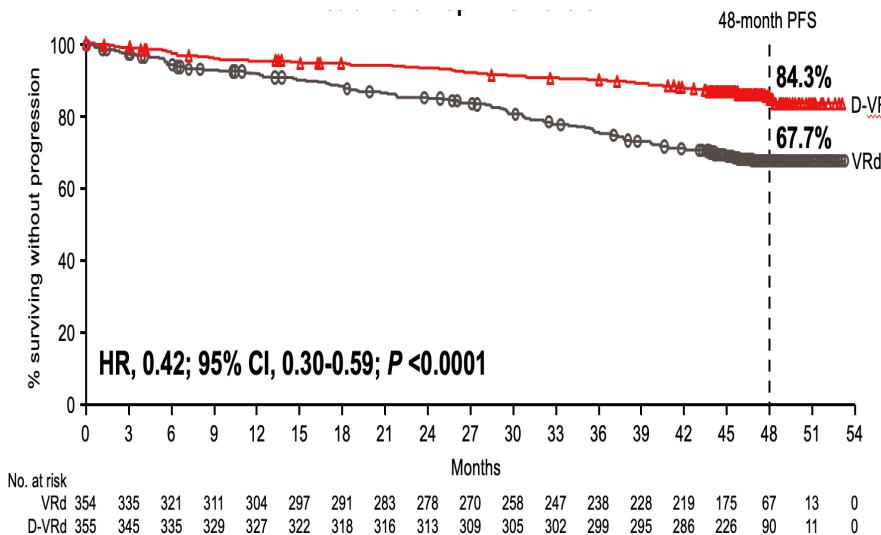
CASSIOPEA

D-VTd versus VTd in transplant-eligible
NDMM (N = 1,085)
Median follow-up: 18.8 months

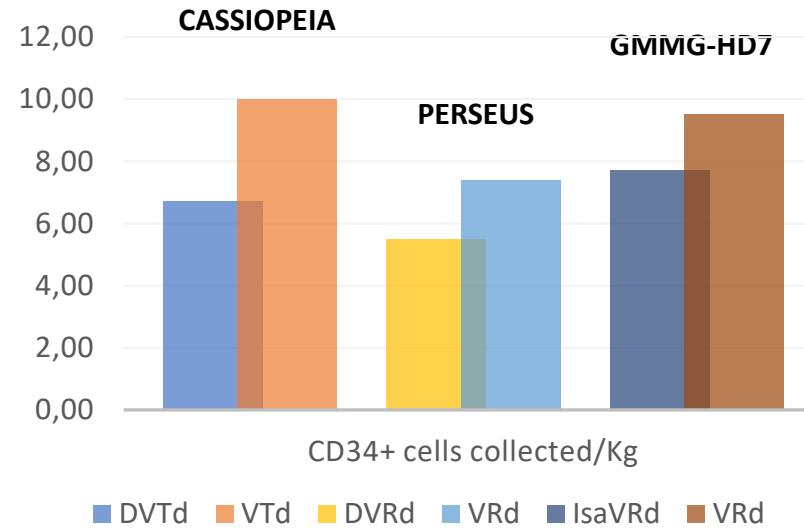


EMN17 / PERSEUS

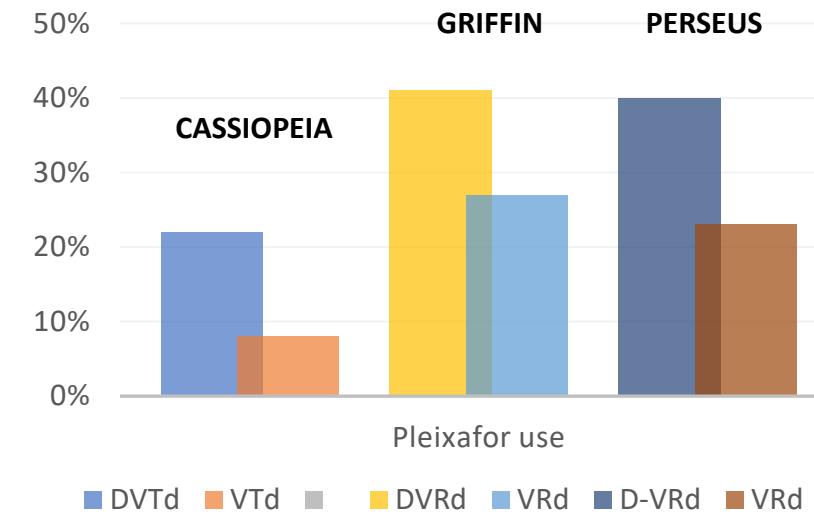
D-VRd versus VRd in transplant-eligible
NDMM (N = 709)
Median follow-up: 47.5 months



What is the impact of anti-CD38 MoAb on hematopoietic stem cell mobilization?



Hematopoietic stem cell yield



Use of plerixafor as rescue

- Anti-CD38 Moab regimens seem to impact on hematopoietic stem cell yield (\downarrow) and the use of plerixafor (\uparrow)
- No significantly impact on mobilization successfulness or hematopoietic engraftment

The role of ASCT: PFS benefits

EMN-02/HO95

Median follow-up: 60 months



IFM-2009

Median follow-up: 43-44 months



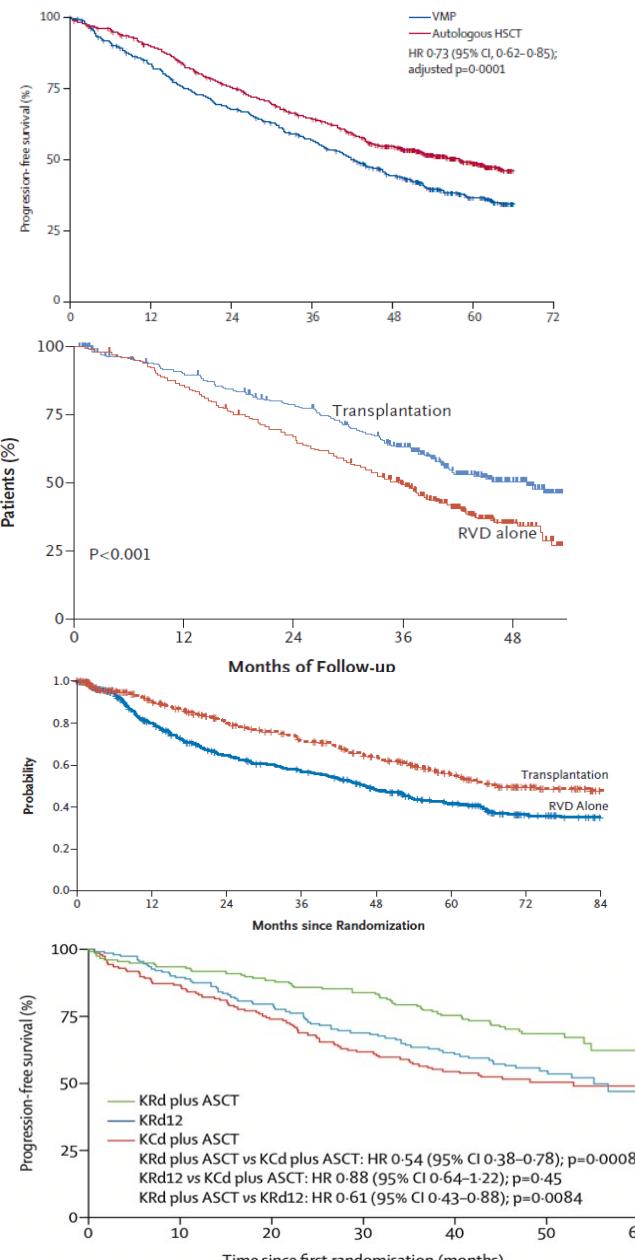
DETERMINATION

Median follow-up: 76 months



FORTE

Median follow-up: 51 months



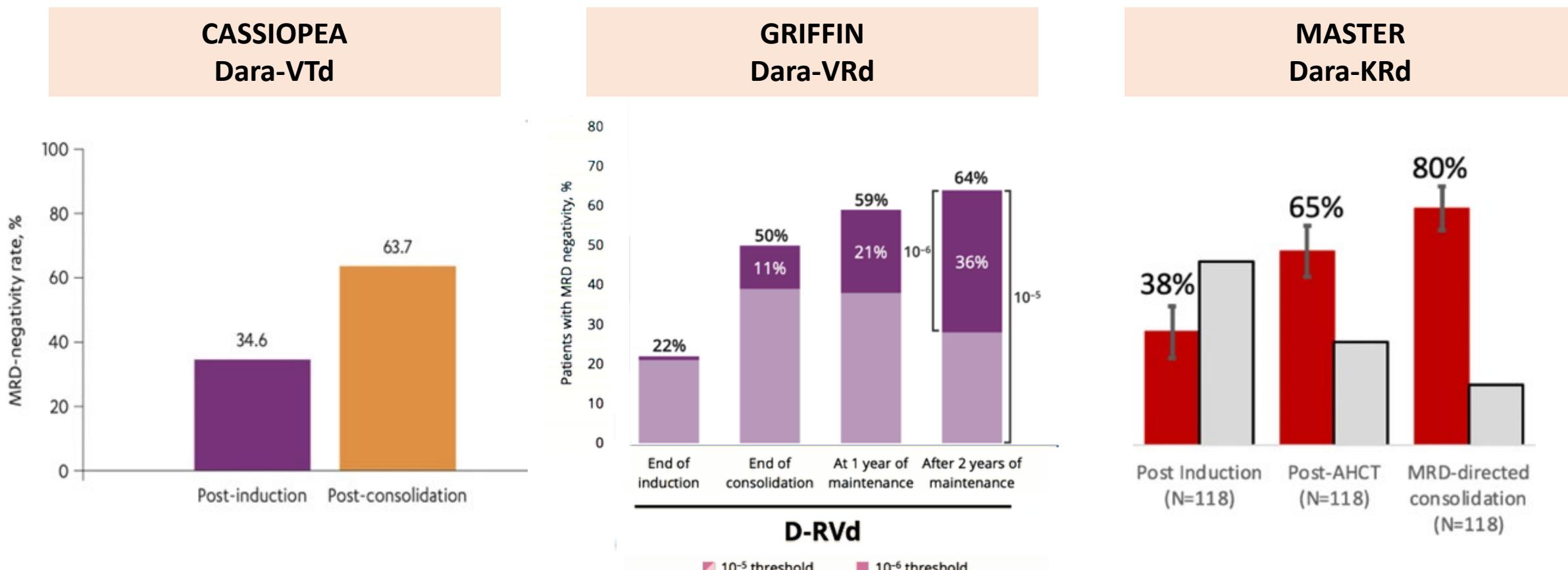
mPFS: **56.7 months** in the ASCT group vs. **41.9 months** in the VMP group

mPFS: **50 months** in the ASCT group vs. **36 months** in the RVD-alone group

mPFS: **67.5 months** in the ASCT group and **46.2 months** in the RVD-alone group

4-y PFS: **69%** in the ASCT group and **56%** in the KRd12 group
mPFS: **NR** vs 55 months

ASCT remains a standard of care in the era of anti-CD38 monoclonal antibodies-based quadruplets



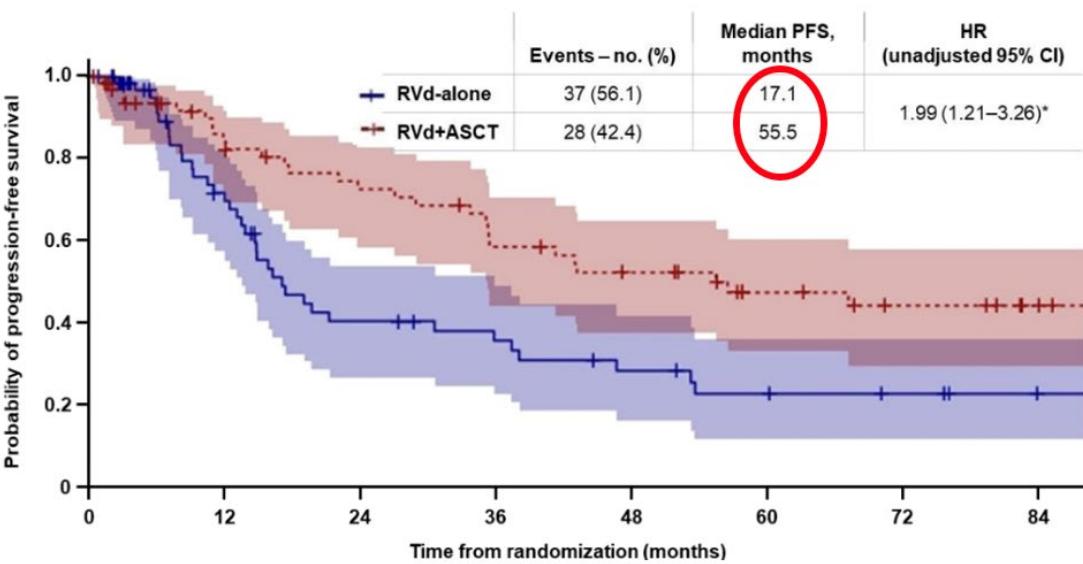
HDM, high-dose melphalan; MRD, minimal residual disease;
Dara, D, daratumumab; V, bortezomib; T, thalidomide;
d, dexamethasone; R, lenalidomide; K, carfilzomib

Avet-Loiseau H et al. ASH 2021;abstract 82 (oral presentation); Laubach JP et al. ASH 2021;abstract 79 (oral presentation);
Costa LJ et al. ASH 2021;abstract 481 (oral presentation)

What is the role of autologous stem cell transplant in high-risk patients?

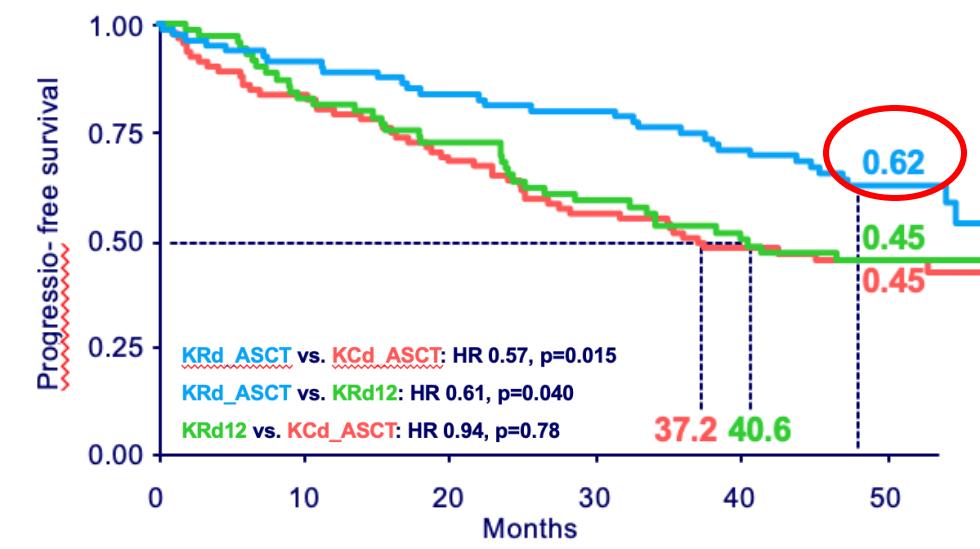
DETERMINATION study:
VRd + ASCT vs VRd alone

Progression-free survival



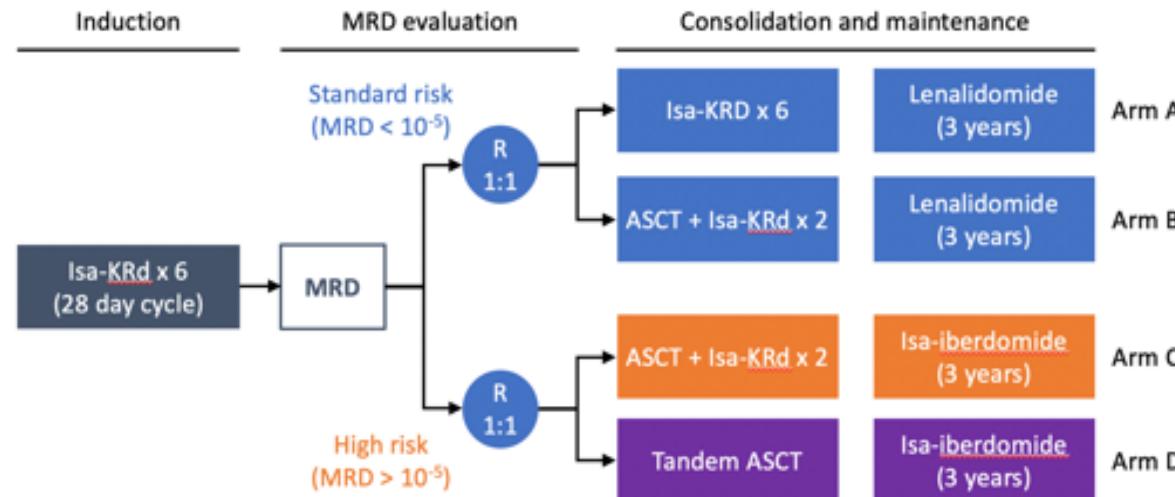
FORTE study:
KRd/KCyd + ASCT vs KRd alone

Progression-free survival



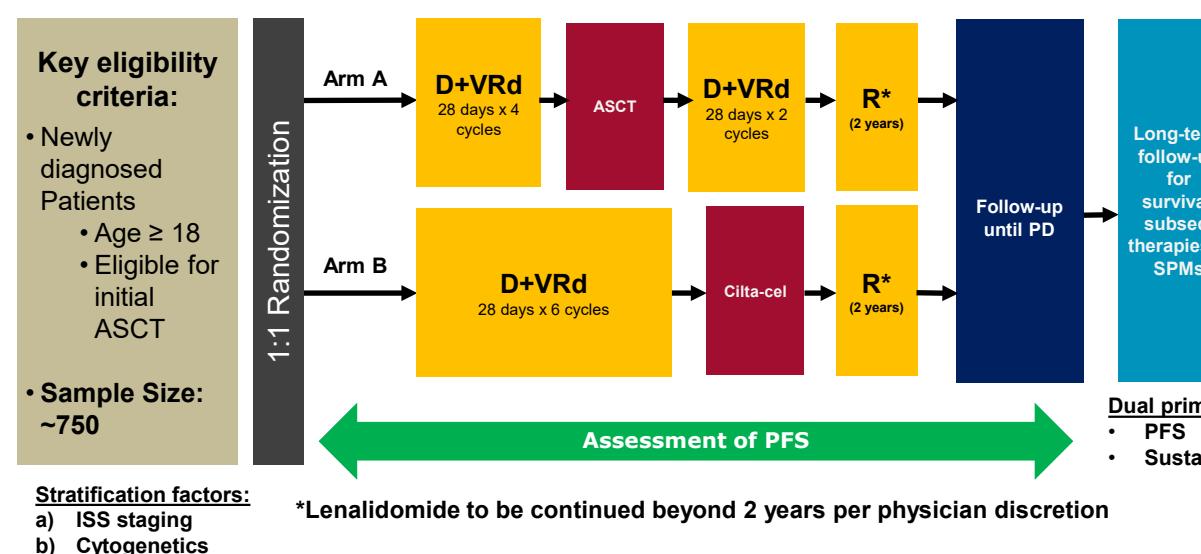
Is there still a role for ASCT?

Will ASCT be necessary in all NDMM patients?



The randomized, phase III
IFM 2020-02 Minimal
Residual Disease Adapted
Strategy (MIDAS) study

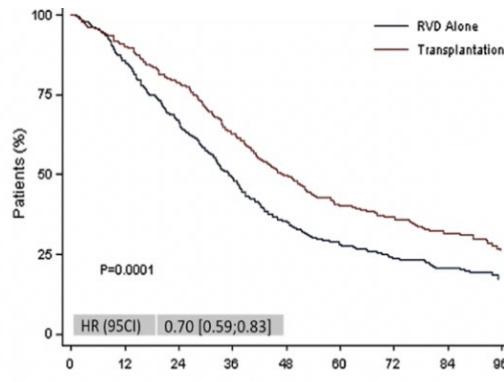
Will CAR T-cell therapy replace HDM-ASCT as upfront treatment in NDMM patients?



The randomized, phase III
EMAGINE/CARTITUDE-6
(EMN28) study

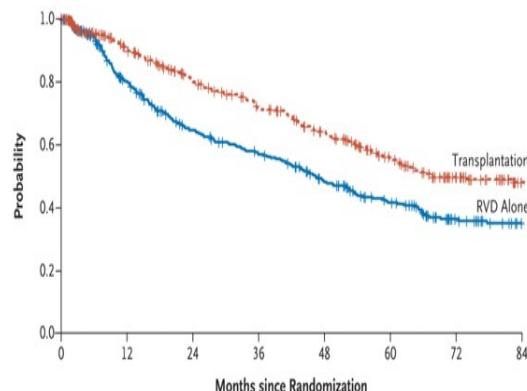
Results supporting post-transplant maintenance in MM

Lenalidomide maintenance



IFM 2009: len 1 year
PFS: Median, 47 vs. 35 months
(N=700)

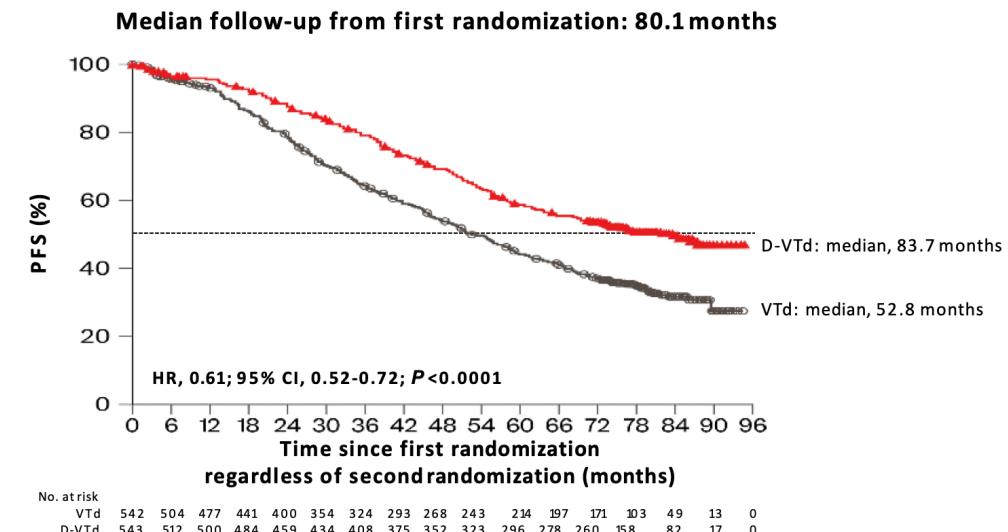
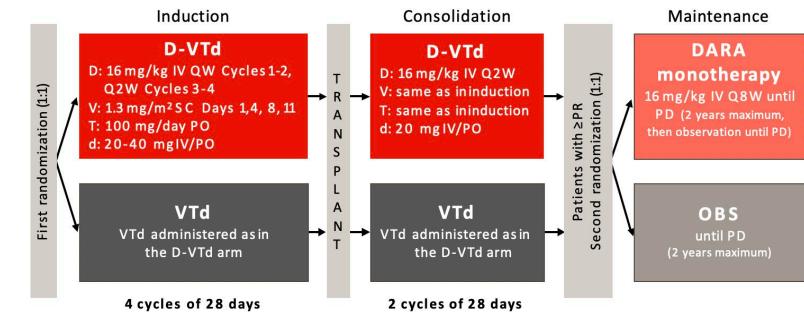
	N at risk	RVD Alone	Transplantation
0	350	350	350
12	294	288	263
24	227	206	157
36	166	157	85
48	117	117	64
60	85	80	53
72	64	53	30
84	53	40	-
96	42	-	-



DETERMINATION:
len until progression
PFS: Median, 68 vs. 46 months
(N=722)

No. at Risk	RVD Alone	Transplantation
0	40	42
12	60	53
24	126	96
36	160	118
48	191	118
60	226	227
72	250	294
84	276	357

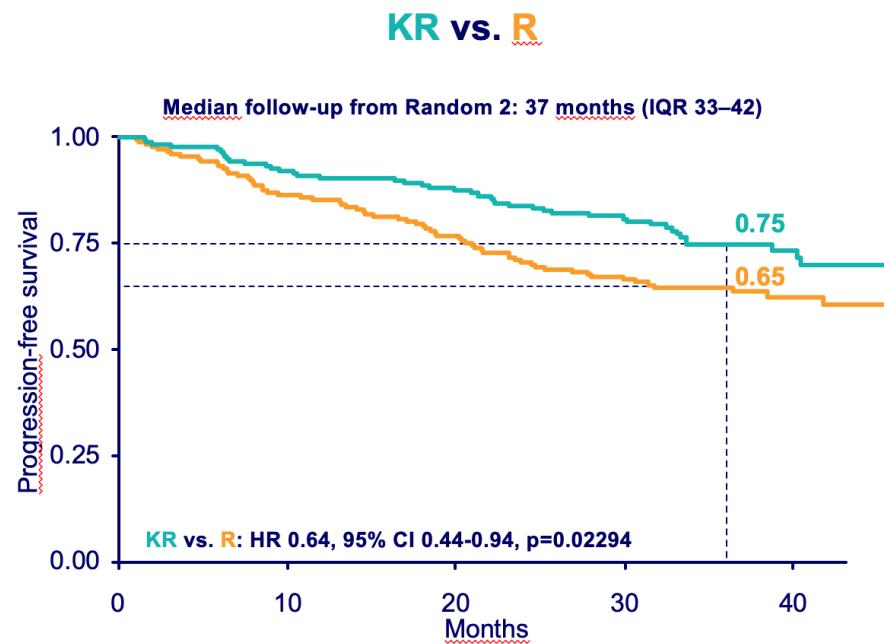
Daratumumab maintenance



PFS, HR DVTd-dara vs DVTd-no dara: HR, 0.76; 95% CI, 0.58-1.00; P = 0.0480

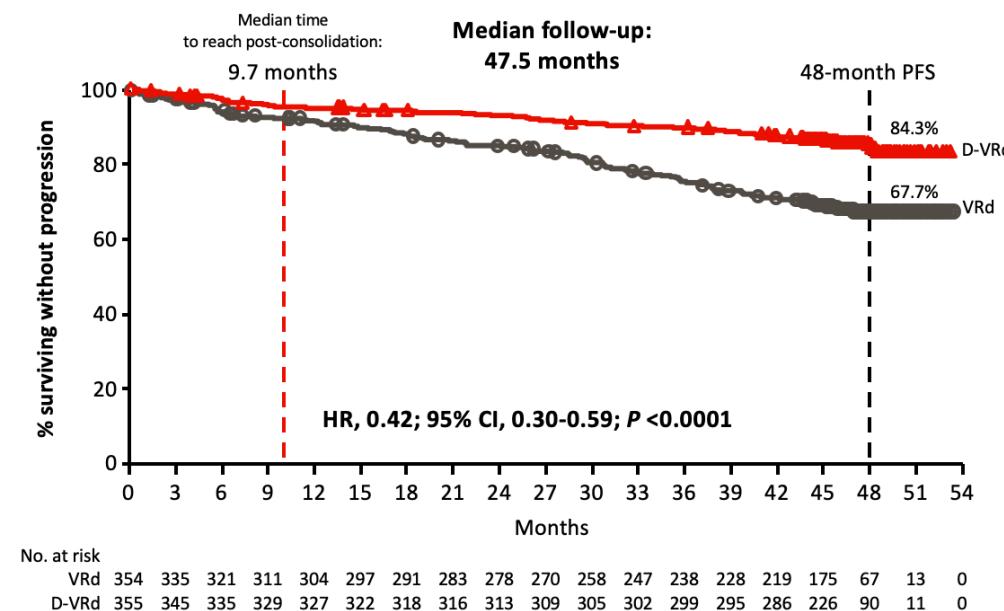
Building upon lenalidomide maintenance

Phase II, FORTE study
Carfilzomib-Lenalidomide vs lenalidomide maintenance



Patients converting from MRD pos to neg during maintenance @ 10^{-5} : 46 vs 30%

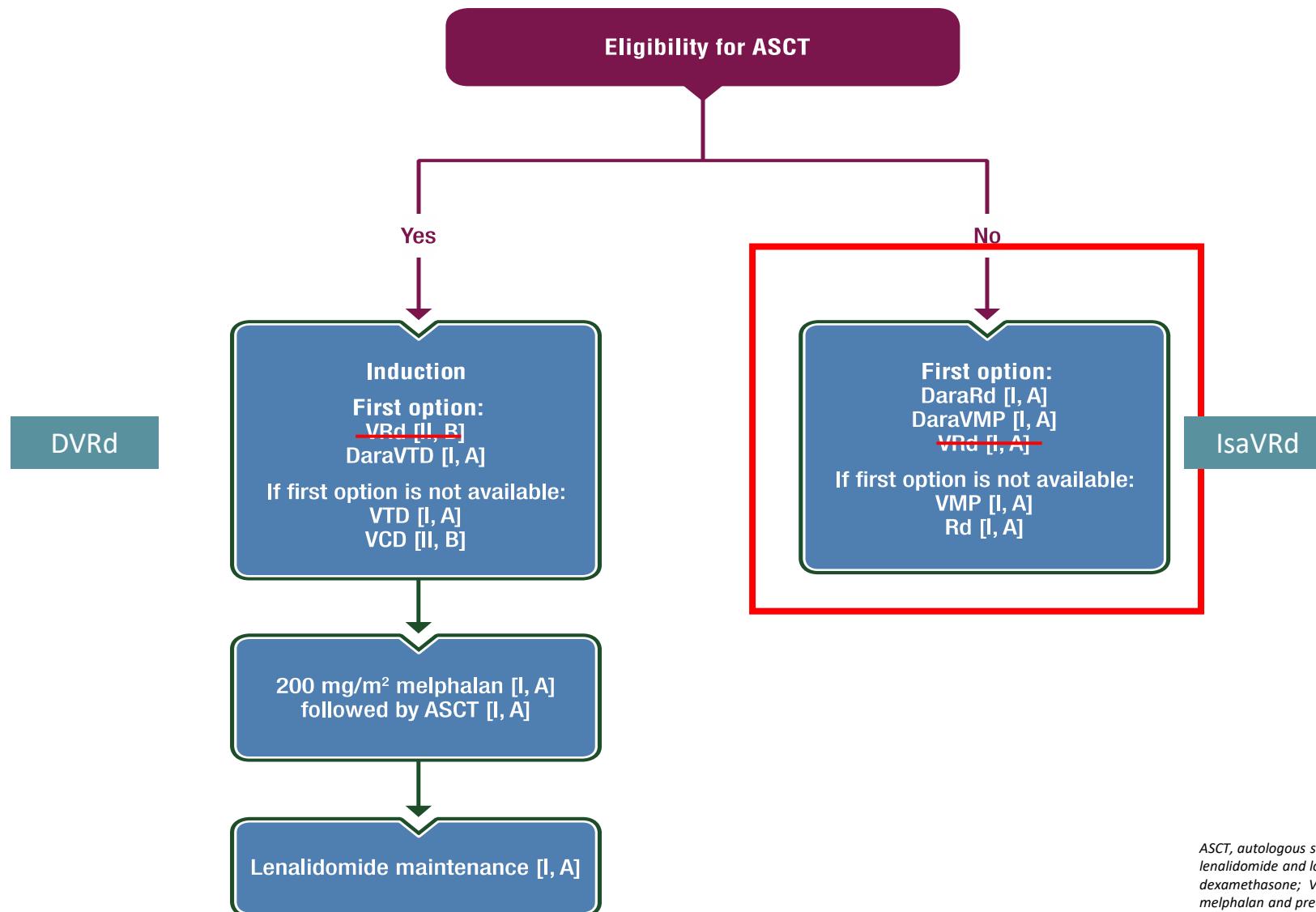
Phase III, PERSEUS
Daratumumab-lenalidomide vs lenalidomide maintenance



Patients converting from MRD pos to neg during maintenance @ 10^{-5} : 60 vs 40%

Multiple myeloma: EHA-ESMO Clinical Practice Guidelines

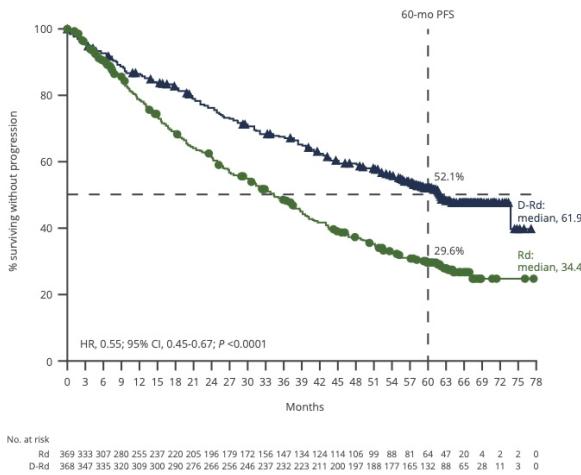
Treatment of Newly diagnosed Multiple Myeloma



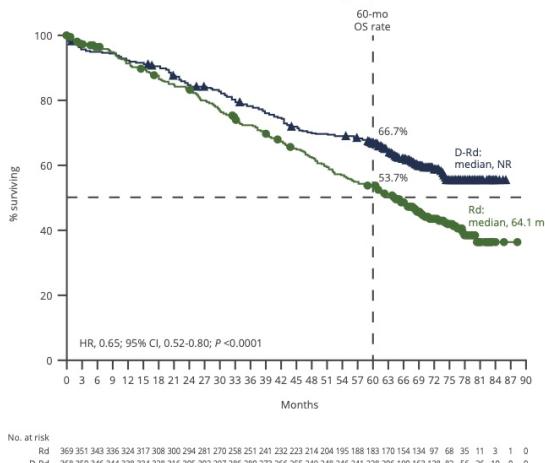
ASCT, autologous stem cell transplantation; Dara, daratumumab; PI, proteasome inhibitor; Rd, lenalidomide and low-dose dexamethasone; VRD, bortezomib, lenalidomide, and dexamethasone; VCD, Bortezomib, cyclophosphamide and dexamethasone; VMP, bortezomib, melphalan and prednisone; VTD, Bortezomib, thalidomide and dexamethasone.

First-line treatment approach to ASCT-ineligible patients

Dara-Rd vs Rd: phase III MAIA study

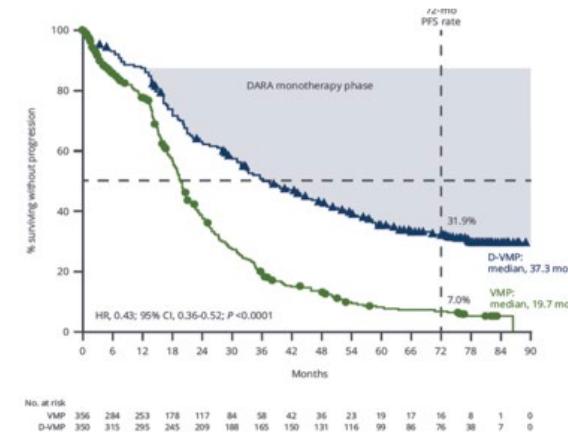


PFS
DRd vs Rd
61.9 vs 34.3 months
(median)

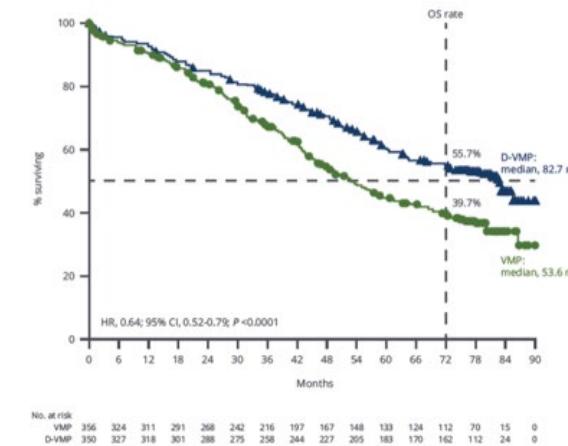


OS
DRd vs Rd
NR vs 64.1 months
(median)

Dara-VMP vs VMP: phase III ALCYONE study



PFS
DRd vs Rd
37.3 vs 19.7 months
(median)



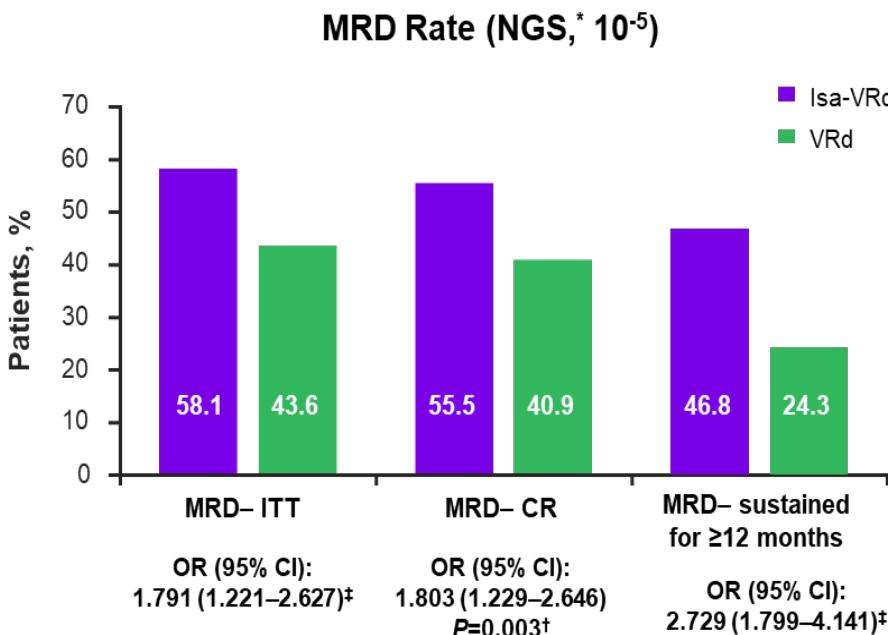
OS
DRd vs Rd
82.7 vs 53.6 months
(median)

IMROZ phase 3 Study Isa-VRd vs VRd in TNE NDMM: PFS

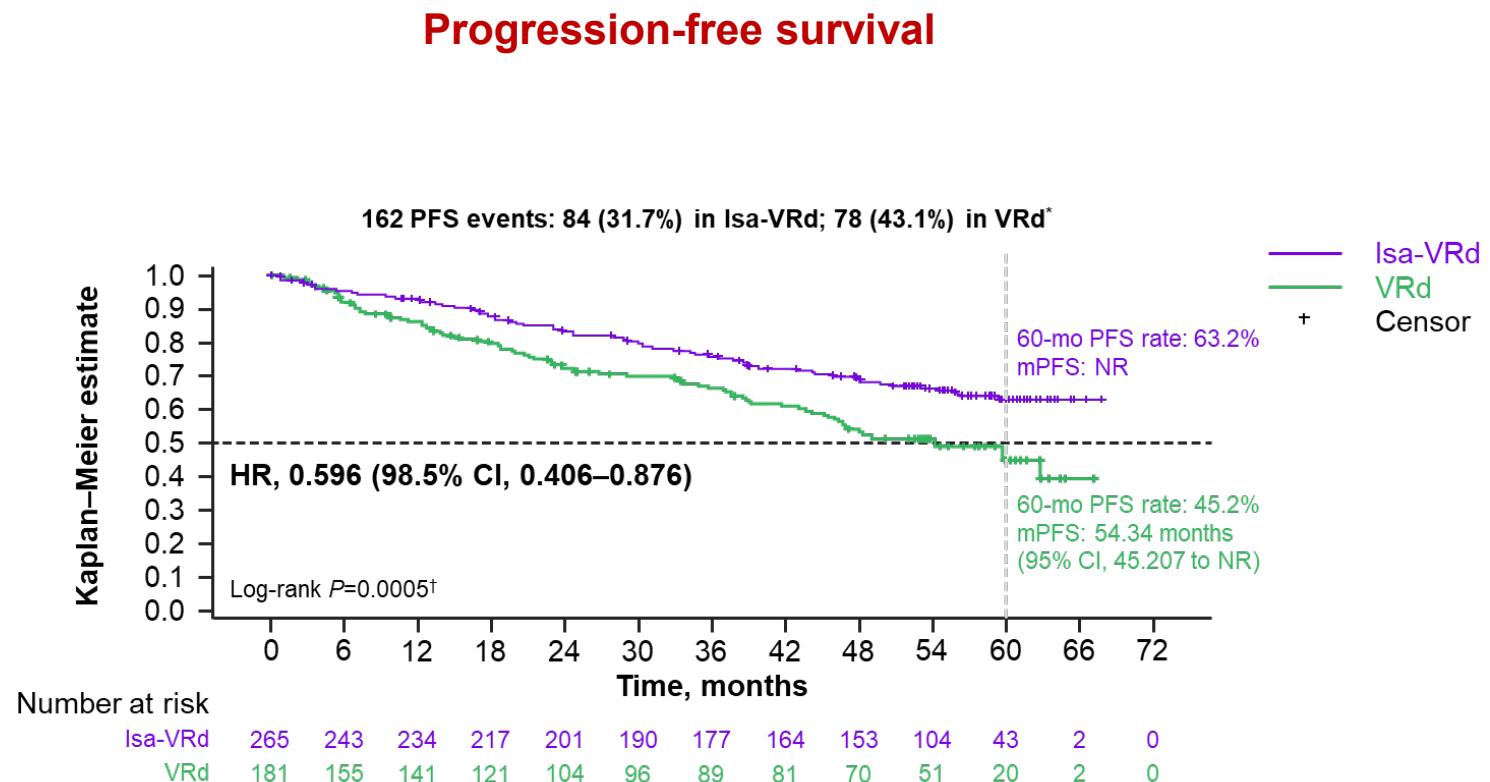
Median follow-up of 59.7 months

Response rates

$\geq CR$: 74.7% vs 64.1%, $P=0.01$



Progression-free survival

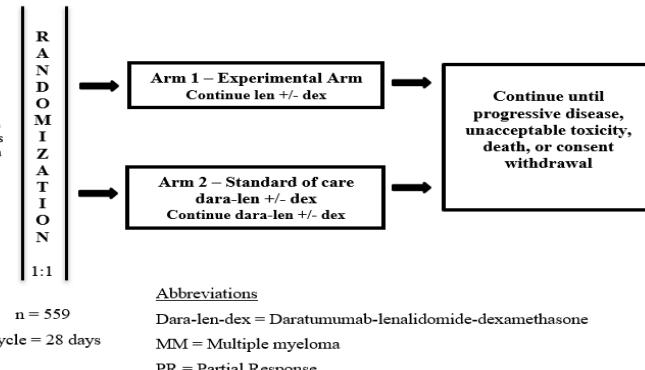


^{*}Cutoff date for PFS analysis: September 26, 2023 (median follow-up, ~5 years). [†]Nominal one-sided P value. NR, not reached.

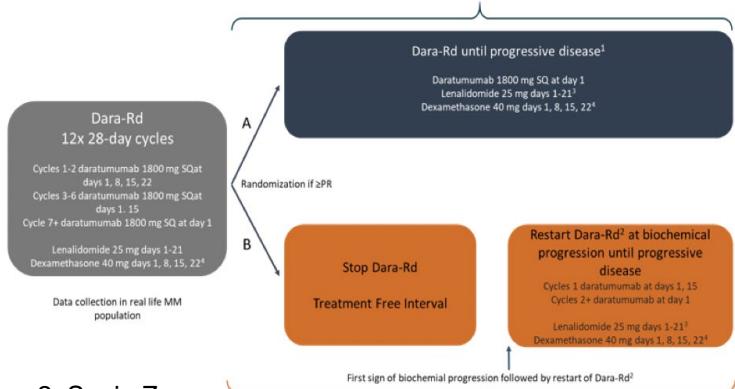
Future directions in the first-line treatment of older patients

Treatment de-escalation

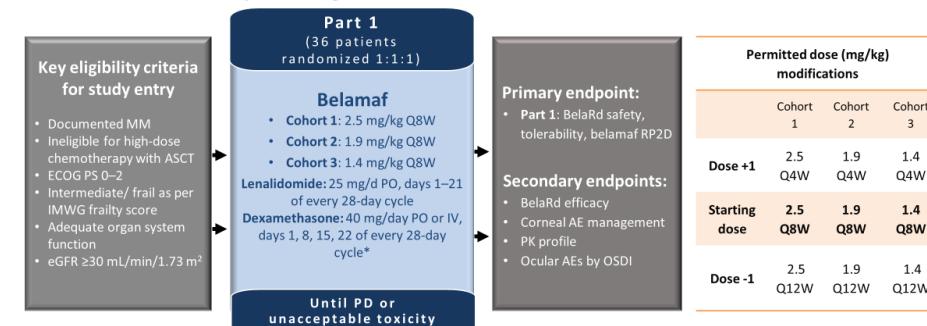
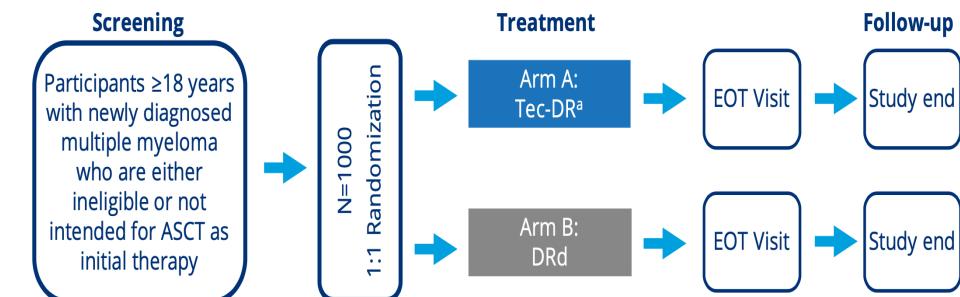
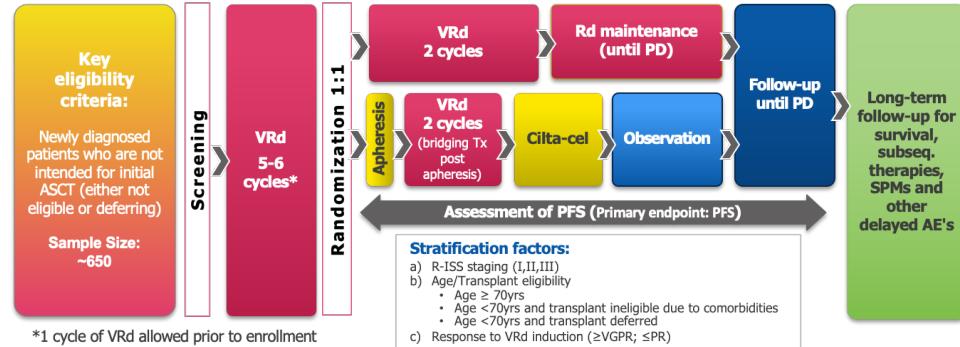
DRd vs DRd→Rd MY 13 STUDY – CANADIAN CANCER TRIAL GROUPS¹



DRd continuous vs DRd12+ th at progression HOVON FABULOUS STUDY²



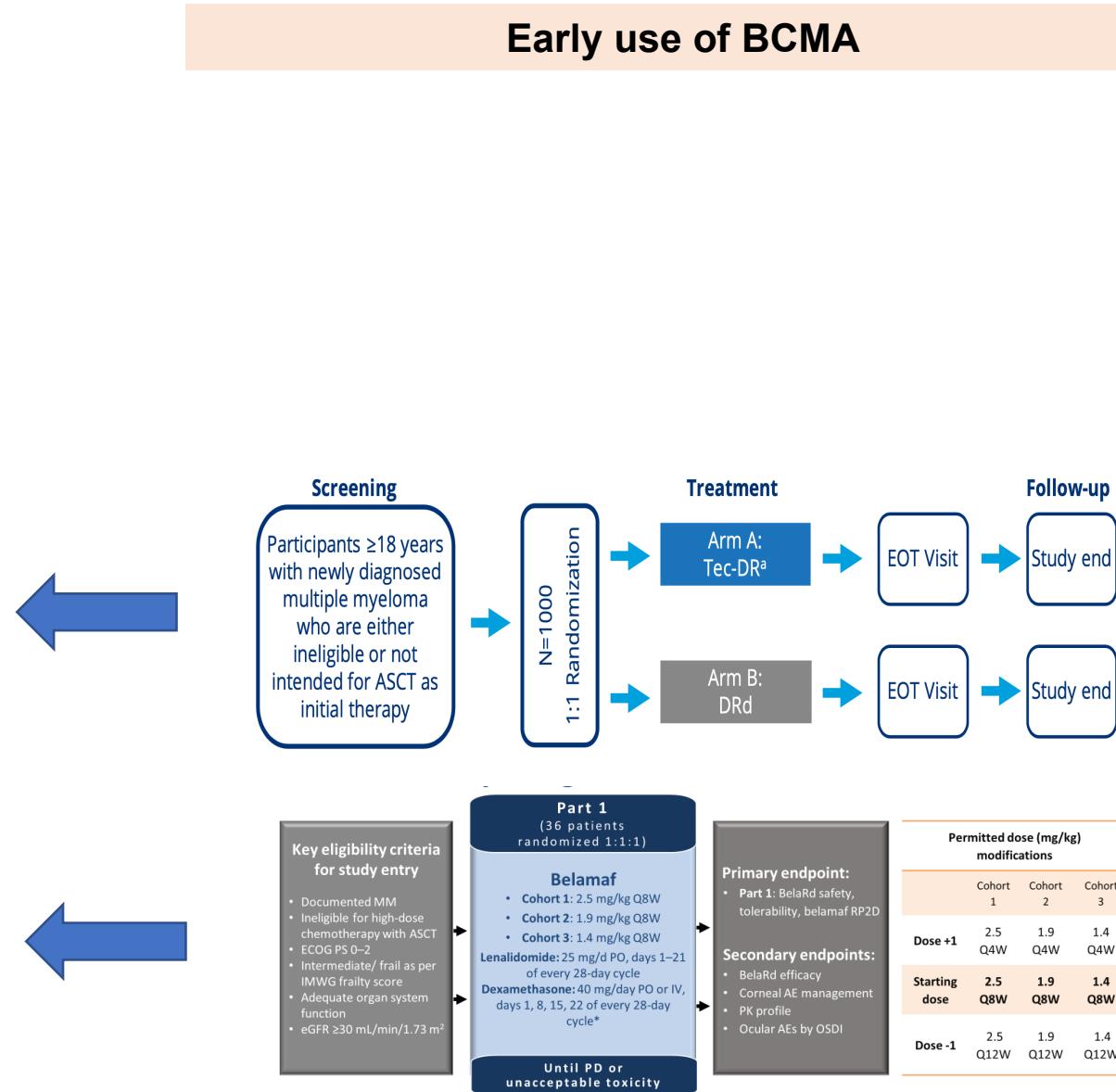
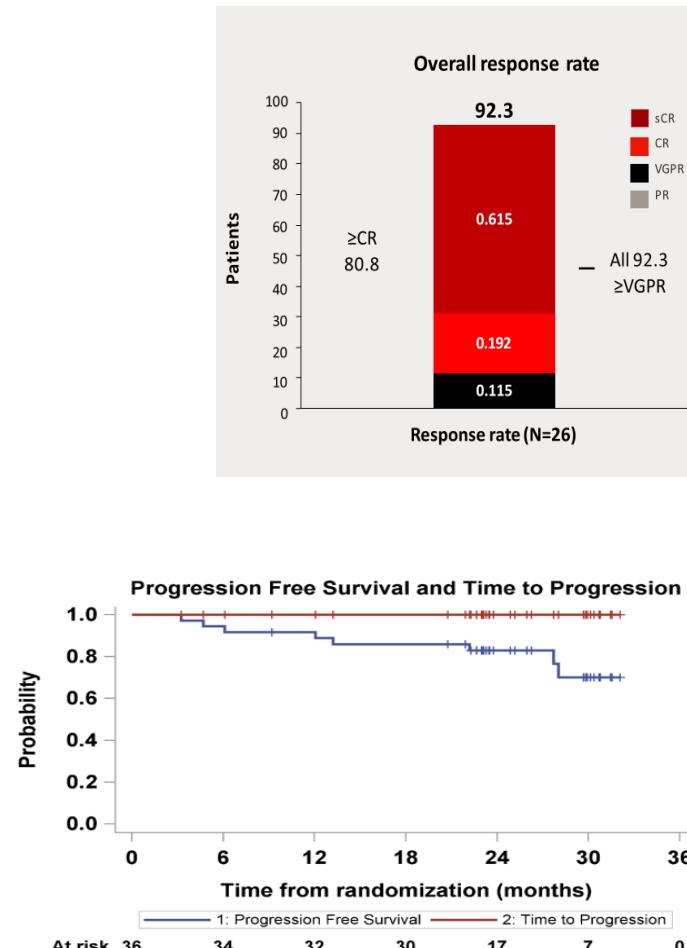
Early use of BCMA



Future directions in the first-line treatment of older patients

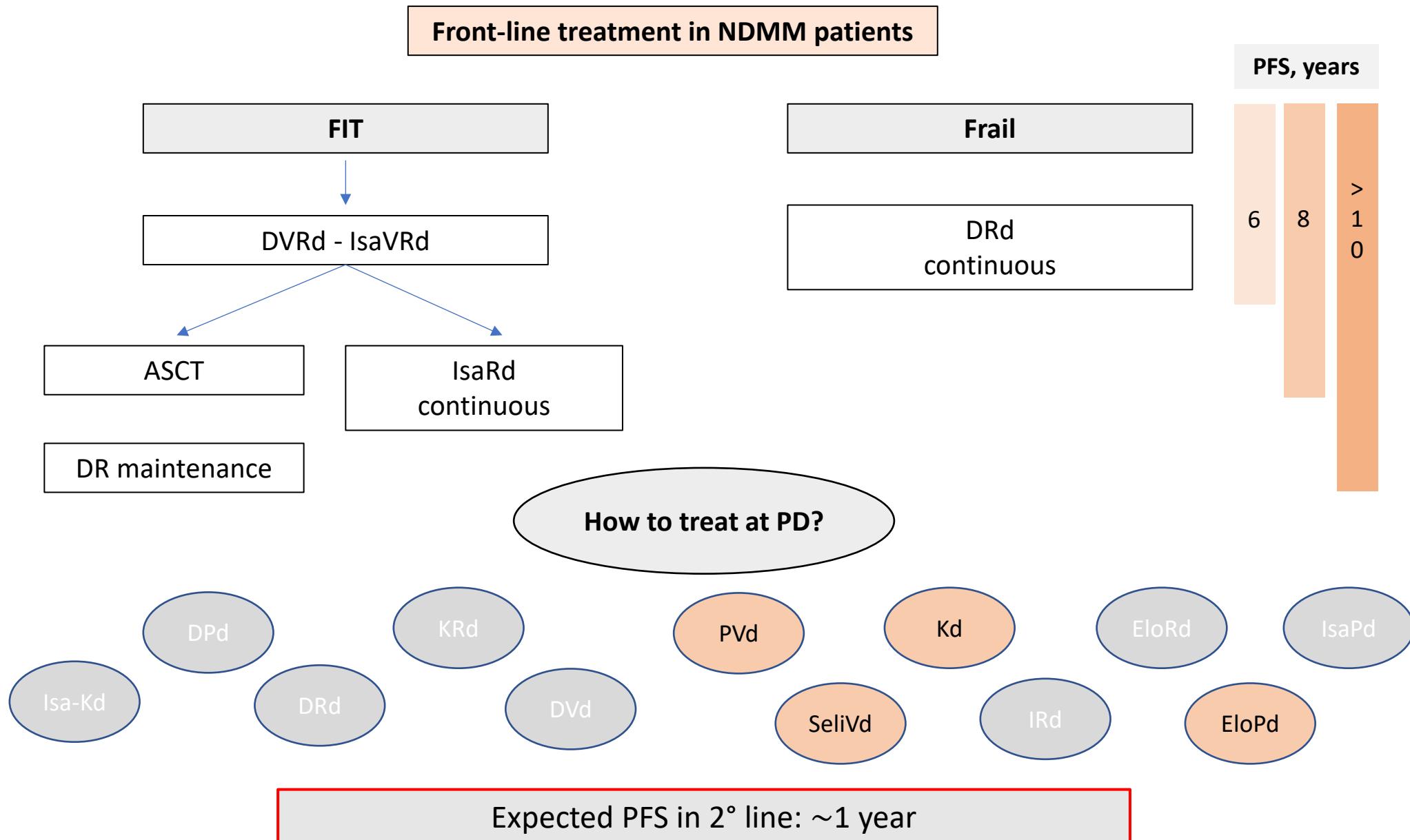
Early use of BCMA

Majestec-7 SRI Cohort 1 Dara-Tec-Len



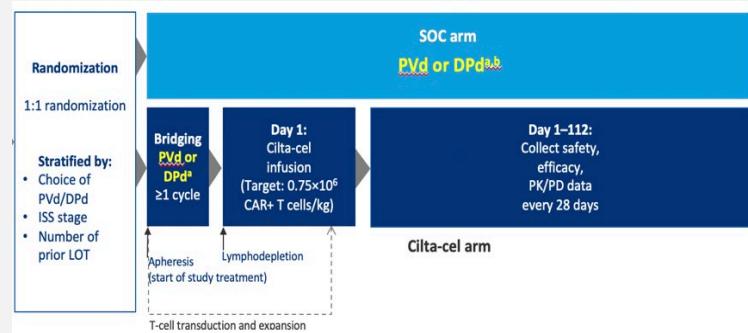
Moving BCMA-targeting forward

Treatment of triple-class exposed patients in early lines before BCMA

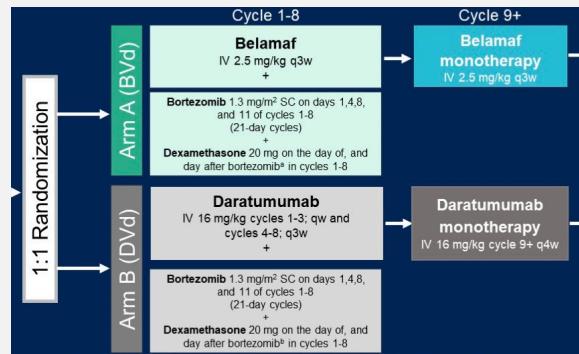


Treatment of triple-class exposed patients in early lines in the BCMA era

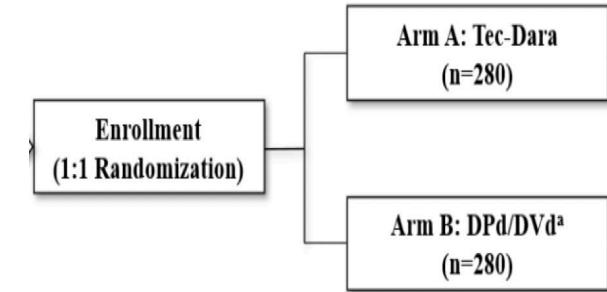
CARTITUDE-4



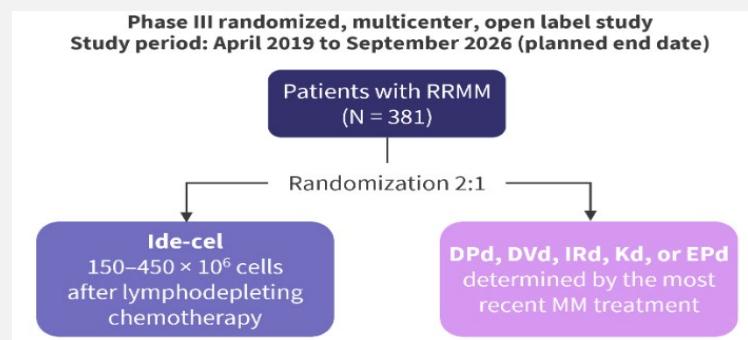
DREAMM-7



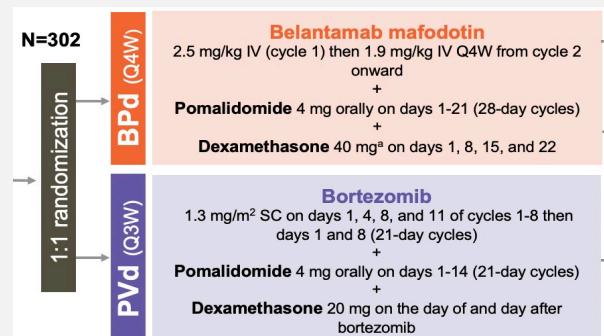
MAJESTEC-3



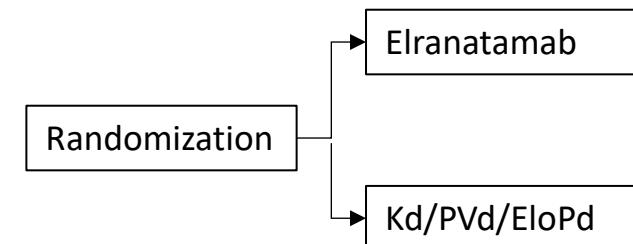
KarMMa-3



DREAMM-8



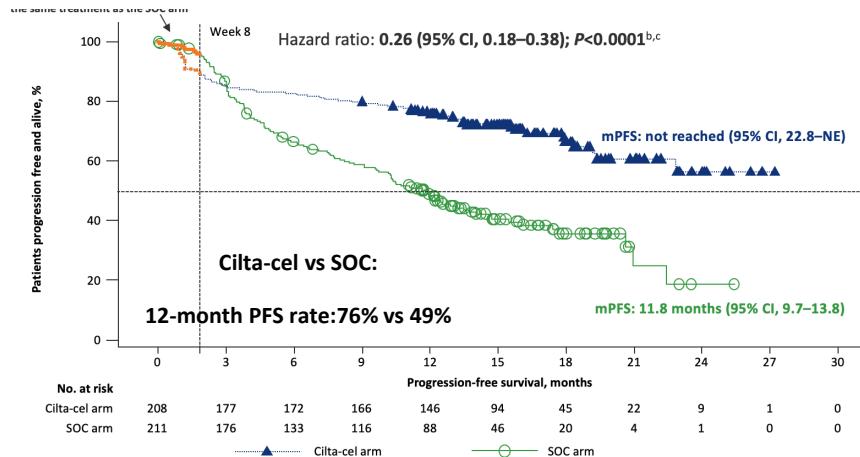
MAGNETISM-32



CAR-T cell versus standard of care in early lines for RRMM patients

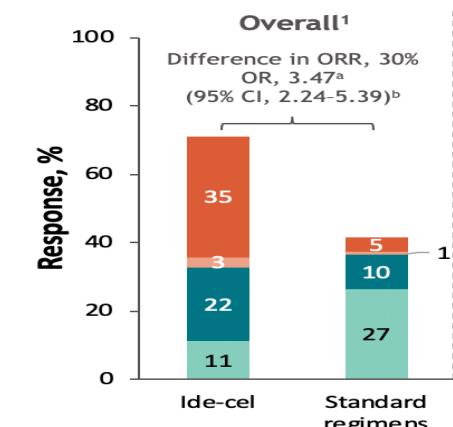
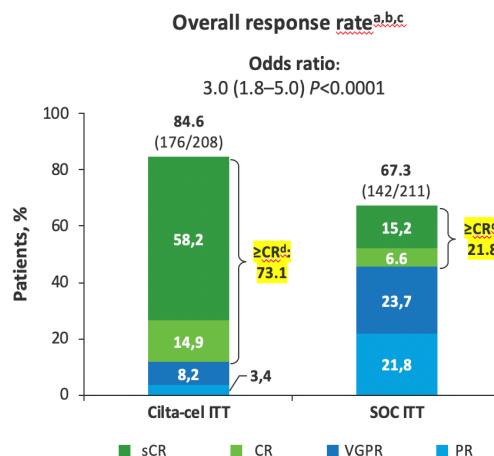
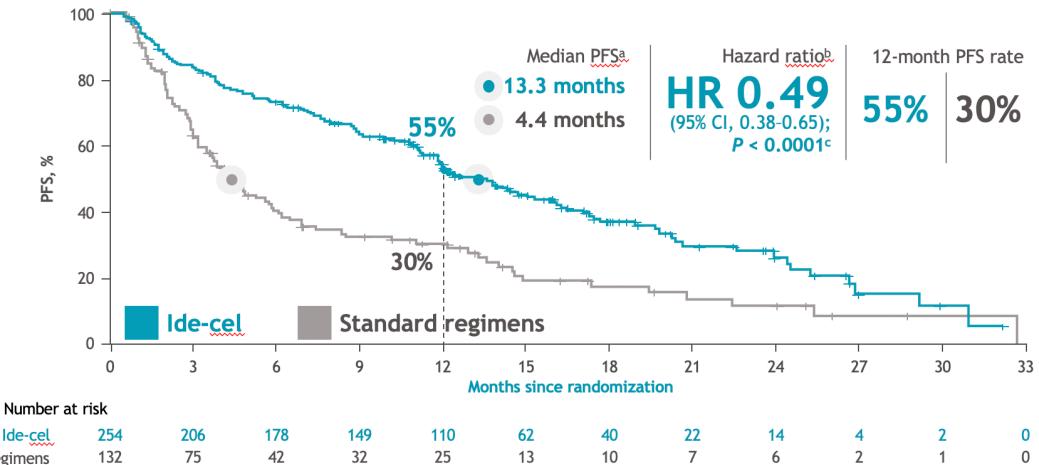
CARTITUDE-4

Median prior lines of therapy: 1 (1-3)
100% lenalidomide refractory



KarMMA-3

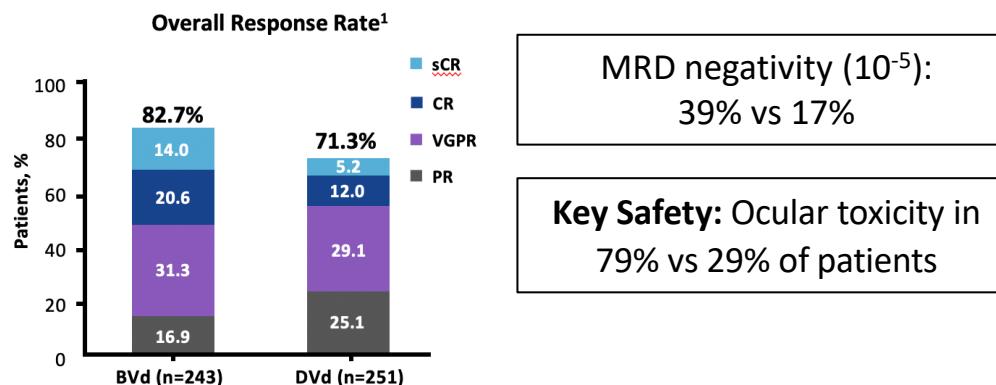
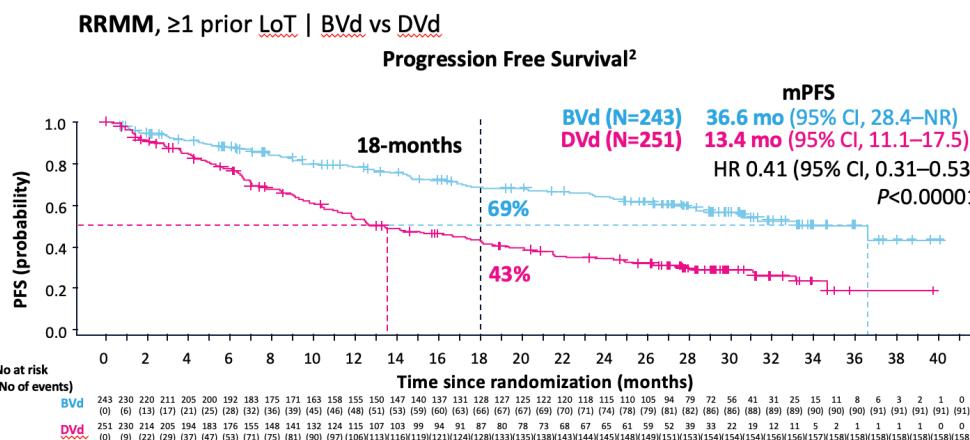
Median prior lines of therapy: 3 (2-4)
65-67% triple-class refractory



ADC versus standard of care in early lines for RRMM patients

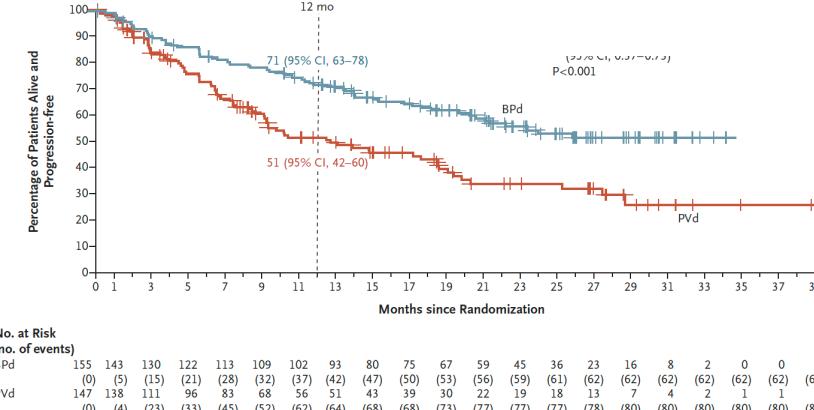
DREAMM-7

Median prior lines of therapy: 1
33-35% lenalidomide refractory



DREAMM-8

Median prior lines of therapy: 1
76-81% lenalidomide refractory – 23-24% antiCD38 MoAb refractory



No. at Risk (no. of events)																			
BPd	155	143	130	122	113	109	102	93	80	75	67	59	45	36	23	8	2	0	0
PVd	(0)	(5)	(15)	(21)	(28)	(32)	(37)	(42)	(47)	(50)	(53)	(56)	(59)	(61)	(62)	(62)	(62)	(62)	
	(0)	(4)	(23)	(33)	(45)	(52)	(62)	(64)	(68)	(73)	(72)	(77)	(77)	(78)	(80)	(80)	(80)	(80)	

Efficacy outcomes	BPd (n=155)	PVd (n=147)
ORR / ≥CR, %	77 / 40	72 / 16
mDOR, mo (95% CI)	NR (24.9–NR)	17.5 (12.1–26.4)
MRD- (10^{-5}) with ≥CR, %	24	5

Conclusions

- Risk stratification in MM is becoming increasingly important in MM and should rely on a comprehensive list of risk factors, including ISS, FISH and clinical factors (EMD, CTCs)
- Quadruplets (PI + IMiDs + anti-CD38 mAb) induction and consolidation followed by ASCT and lenalidomide maintenance until progression is the current SoC for TE MM patients
- Upfront ASCT was a SoC in the era of triplets (\uparrow MRD rates and longer PFS as compared to a non transplant approach) and still is a backbone in studies with quadruplets (CASSIOPEIA, GRIFFIN, PERSEUS, ISKIA).
- DRd is a SoC for older, transplant ineligible patients; quadruplets (IsaVRd) may replace triplets in older fit patients.
- The early use of anti-BCMA agents (CAR T-cells, TCE and ADC) will revolutionize the treatment of MM patients

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