

# EHA-TSH Hematology Tutorial

Clinical Case – Session 4 [Treatment  
approachs in R/R PTCL]

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# | Disclosure

- Turkish Society of Hematology (Transport ,Accomodation )

# | Clinical history

- 62 y ,female
- May 2021 → Left cervical painful lumps.
- No response to antibiotherapy
- June 2021 → Pruritis emerged.  
Progressing cervical lumps
- She had B symptoms ( fever and night sweats)
- History: Herpes zoster infection ( a few months ago )
- Active smoker : 30 package / year

# | Physical examination

- ECOG performance score : 1
- Temperature: **38.8 °C**
- Bilateral cervical 1 cm , axillary 0.5 cm sized lymphadenopathy
- Pulmonary sounds are reduced
- No palpable organomegaly

# Laboratory

<b>WBC</b>	<b>6.4 x 10<sup>9</sup>/L (4-10)</b>
Neutrophils	4.1 x 10 <sup>9</sup> /L (2-7)
Lymphocytes	<b>0.9 x 10<sup>9</sup>/L (0.9 – 4)</b>
Hemoglobin	125 g/L (12-16)
Hematocrit	37 % (37-54)
Platelets	196 x 10 <sup>9</sup> /L (100 - 400)

## Peripheral smear

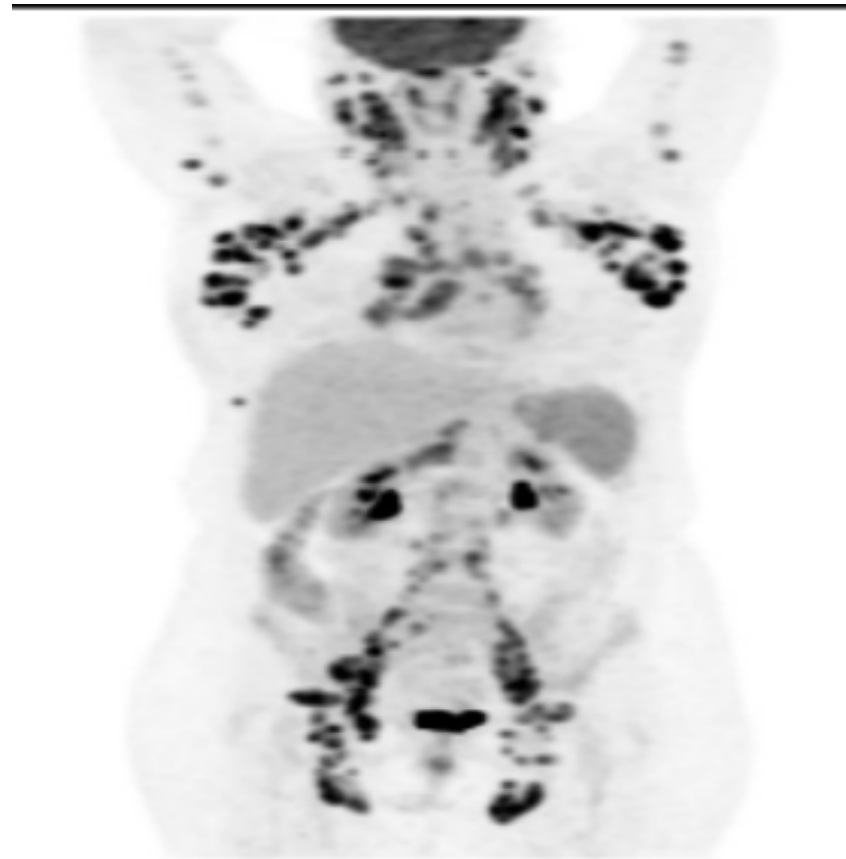
Normochromic normocytic erythrocytes, normal platelets, leukocytes showed mature neutrophile dominance ( 72 %)

<b>Blood ure nitrogen</b>	<b>10 mg / dl (6-23)</b>
Creatinine	0.67 mg /dL (0-1.2)
AST	21 U / l ( 10-37)
ALT	13 U / l (10-40)
LDH	<b>282 U / l ( 0-248 )</b>
Albumin	40 g / L (35-52)
Calcium	8.7 mg / dL (8.5 - 10.5)
Erythrocyte sedimentation rate (ESR)	8 mm / h (<10)

<b>B12</b>	<b>200 ng/ L (200-600 pg/mL)</b>
Folic acid	<b>3.5mcg / L (&gt; 3.9 mcg / L )</b>
Transferrin saturation	19 %
Ferritin	34 mcg / L (12-150)

# | PET /CT (June 2021)

- Multiple lymph nodes largest diameter 24 x 19 mm ( SUVmax 13.3) in the supra / infradiaphragmatic lymphatic stations ,
- 8 mm sized hypermetabolic soft tissue density lesion on the lateral side of the right 9th rib ( SUV max 7.3 ) ,
- The liver/spleen metabolic activity ratio increased in favour of the spleen.
- Bilateral pleural effusion of 11 mm size with non-FDG uptake



# | Lymph node biopsy (June 2021)

- Small, medium and large-sized T lymphoid cells constitute 45-50% of the total population.
- T lymphoid cells are CD3 + , CD5 + , CD7 + BCL-6 + and the CD4 / CD8 ratio is 2 - 3 / 1 .
- CD30 staining was observed in 2-3% of the total population.
- Ki67 proliferation index is high in germinal centers. In other areas, it is up to 30-35%.

**DIAGNOSIS: ATYPICAL T LYMPHOID PROLIFERATION,  
PERIPHERAL T CELL LYMPHOMA ; NOS**

# Clinical history

- 06.08.21 Bone marrow biopsy : no infiltration
- ECHOCARDIOGRAPHY : Normal

ANN-ARBOR STAGE III

IPI : 3 ( HIGH – INTERMEDIATE )

PIT : 2 ( Group 3))

Modified- PIT : 3 ( Group 3)

T cell score : 2 (Intermediate risk )

NCCN National Comprehensive Cancer Network®

NCCN Guidelines Version 3.2024

Peripheral T-Cell Lymphomas

[NCCN Guidelines Index](#)  
[Table of Contents](#)  
[Discussion](#)

INTERNATIONAL PROGNOSTIC INDEX (ALL PATIENTS) <sup>a</sup>			PROGNOSTIC INDEX FOR PTCL-U (PIT) <sup>b</sup>		
ALL PATIENTS:	RISK GROUPS:		RISK FACTORS:	RISK GROUPS:	
• Age >60 years	• Low	0 or 1	• Age >60 years	• Group 1	0
• Serum LDH > normal	• Low-intermediate	2	• Serum LDH > normal	• Group 2	1
• ECOG Performance Status 2-4	• High-intermediate	3	• ECOG Performance Status 2-4	• Group 3	2
• Stage III or IV	• High	4 or 5	• Bone marrow involvement	• Group 4	3 or 4
• Extranodal involvement >1 site					

AGE-ADJUSTED INTERNATIONAL PROGNOSTIC INDEX <sup>a</sup>			PROGNOSTIC INDEX FOR PTCL-U (modified-PIT) <sup>c</sup>		
PATIENTS ≤60 YEARS:	RISK GROUPS:		RISK FACTORS:	RISK GROUPS:	
• Stage III or IV	• Low	0	• Age >60 years	• Group 1	0 or 1
• Serum LDH > normal	• Low-intermediate	1	• Serum LDH > normal	• Group 2	2
• ECOG Performance Status 2-4	• High-intermediate	2	• ECOG Performance Status 2-4	• Group 3	3 or 4
	• High	3	• Ki-67 ≥80%		

T-CELL SCORE (INTERNATIONAL T-CELL LYMPHOMA PROJECT) <sup>d</sup>		
RISK FACTORS:	RISK GROUPS:	
• Stage III-IV	• Low risk	0
• ECOG Performance Status 2-4	• Intermediate risk	1-2
• Serum albumin <35 g/L	• High risk	3-4
• Absolute neutrophil count (ANC) >6.5 x 10 <sup>9</sup> /L		

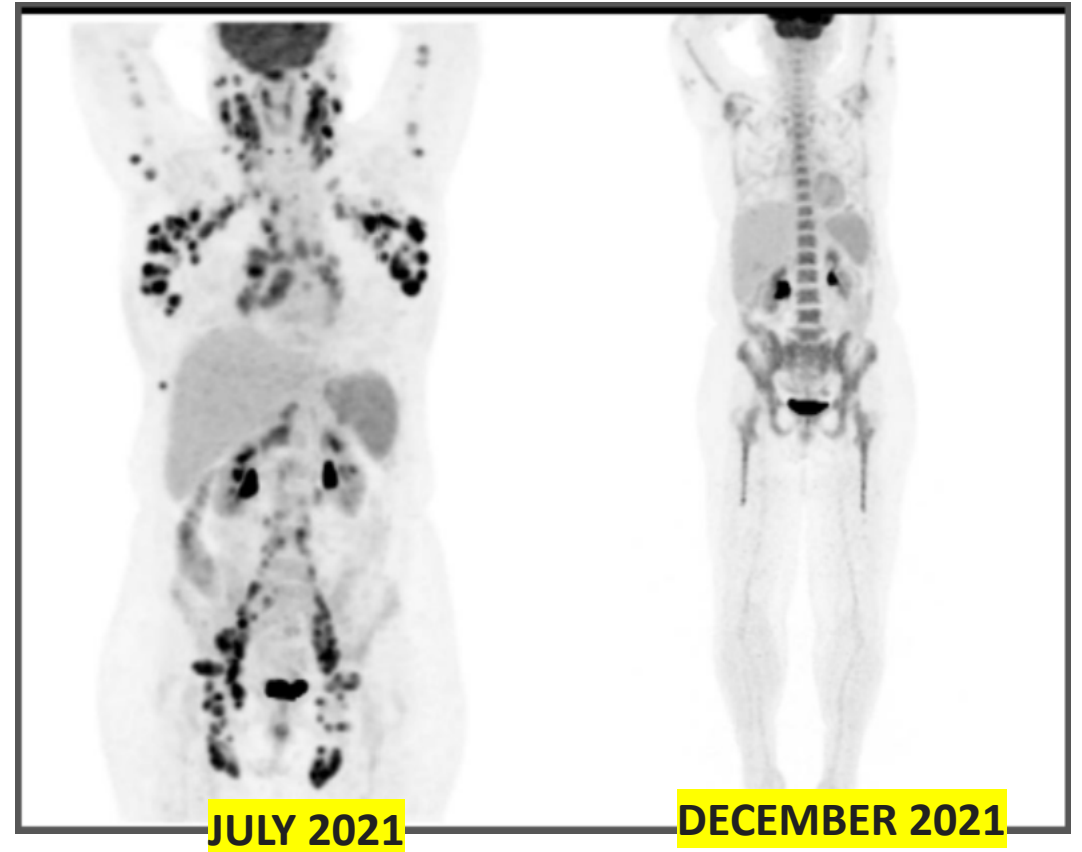
IPI= international prognostic index  
PIT= prognostic index T cell lymphoma



# | CHOP ± ASCT planned

- 10.08.2021 – CHOP  
(Cyclophosphamide 750 mg/m<sup>2</sup>,  
doxorubicine 50 mg /m<sup>2</sup>, vincristin 1.4  
mg / m<sup>2</sup>, methyl prednisolone 60 mg /  
m<sup>2</sup>)
- Febrile neutropeni , pulmonary  
embolism
- Interim PET/ CT : CR
- 25.10. 21- Fever ( No focus defined ,  
moxifloxacin )

EOT PET/ CT:(December 2021)  
Progression



# End of treatment PET /CT (December 2021)

- Newly developed thickening area in the nasopharynx (SUVmax: 9.22)
- Increased metabolic activity of lymph nodes in lymphatic station 7 in the mediastinum and bilateral hilar/peribronchial area
- Increase in the size and metabolic activity (SUVmax 4.52) of the lymph nodes in the peripancreatic and interaortocaval area
- Hypermetabolic (SUVmax 2.32) nodular density areas observed in the subcutaneous fatty planes on the lateral sections of both arms and the anterior abdominal wall



# Clinical history

- Nasopharynx bx: PTCL , NOS
- Skin bx: PTCL , NOS
- 03.02. 2022- ICE (Ifosfamid , carboplatin , etoposide),
- Available donor search ? autoSCT?  
DLCO: 52 %- Ineligible for SCT
- 19. 03. 2022- Hospitalisation due to pneumonia
- After 2 cycles ICE → 30. 03. 2022  
PET – **Progression**



# | Clinical history

- 20. 04. 2022-Brentuximab (Bv)
- Hypercalcemia: 12.5 mg/dl-→ hospitalization
- PET/ CT ( 2 X Bv ) June 2022: Regression
- No available sibling donor , MUD search continued
- New skin lesion; punch biopsy



# | SKIN BIOPSY ( 13.07.22 )

- CD2 weak + , CD3 + ,CD5 weak + , CD7 + ,CD4 + , CD8 - , CD20 –
- **DIAGNOSE: PTCL , NOS**

# | Clinical history

- 23.08.22- Belinostat
- End of 2nd course PET/ CT (05.10.22) – Regression skin lesions improved
- After 3th course ; Covid infection
- No available donor for allo-tx



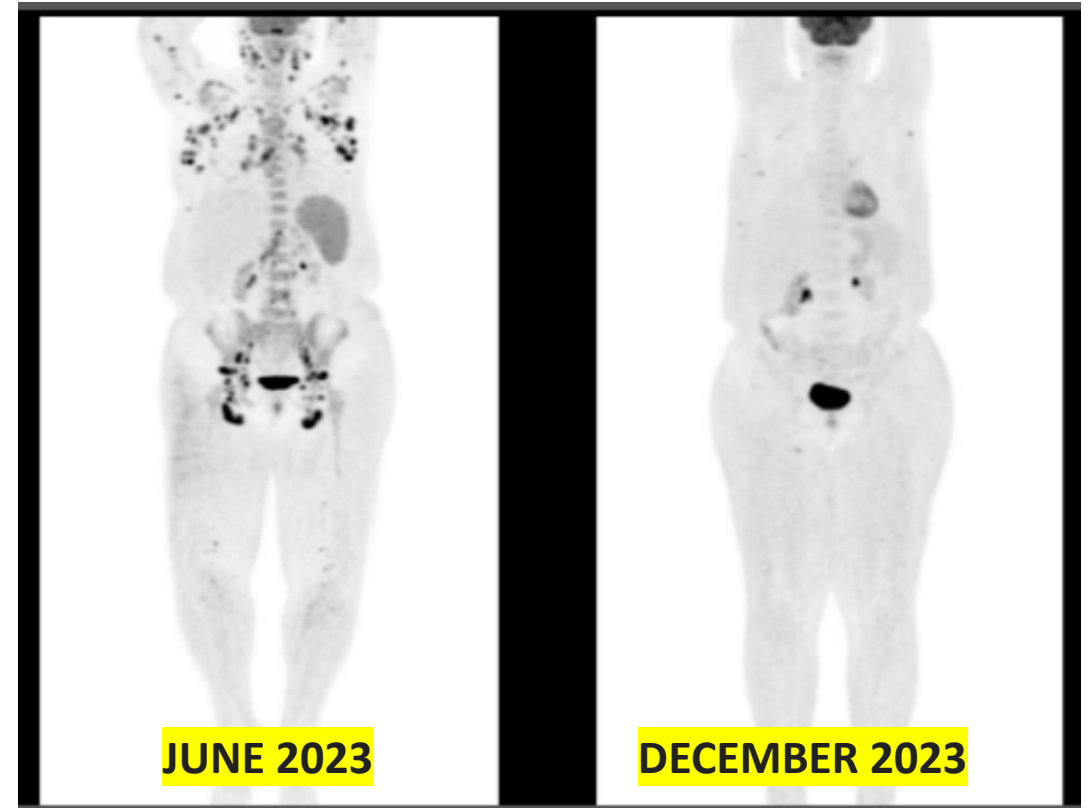
# | Clinical History

- 24.02.23 Itchy rash all over the body, swelling of the feet
- PHYSICAL EXAMINATION: maculopapular rash on both arms; derma consult – skin biopsy
- 27.03.23 - 8th course Belinostat
- 24.02.23 - Skin punch biopsy result: Atypical T lymphoid proliferation (Findings support T-cell lymphoid malignancy).
- PET-CT : Progression



# Clinical history

- 15.06.23 –Gemcitabine-oxaliplatin (Gem-ox) commenced
- 14.08.23 – 2nd course Gem-ox
- 06.09.23- PET : Partial response
- 16.11.23 –Gem-ox 4th cycle
- 15.12.23 PET /CT partial response , failure of stem cell mobilisation
- Follow up without therapy-patient's preference
- 27.06.24 – Last visit ; asymptomatic with macular rash on upper extremities





# | Last visit 27.06.24



# | REFERENCES

- Stuver R, Moskowitz AJ. Therapeutic Advances in Relapsed and Refractory Peripheral T-Cell Lymphoma. *Cancers (Basel)*. 2023 Jan 18;15(3):589. doi: 10.3390/cancers15030589. PMID: 36765544; PMCID: PMC9913081.
- Ngu HS, Savage KJ. Past, present and future therapeutic approaches in nodal peripheral T-cell lymphomas. *haematol [Internet]*. 2023Dec.1 [cited 2024May8];108(12):3211-26.
- Luan, Y., Li, X., Luan, Y. et al. Therapeutic challenges in peripheral T-cell lymphoma. *Mol Cancer* 23, 2 (2024). <https://doi.org/10.1186/s12943-023-01904-w>

# | DISCUSSION

- R/R PTCL ; Median PFS and OS is too short (3.7 months , 5.6 months )
- Primary refractory disease has poor outcomes compared to relapsed disease. ( 3 years PFS of 21 % )
- In the R / R setting best outcomes are measured in patients who had relapsed > 12 months and received SCT .

Monica Bellei et al. The outcome of peripheral T-cell lymphoma patients failing first-line therapy: a report from the prospective, International T-Cell Project. *Haematologica* 2018;103(7):1191-1197

Mak V, Hamm J, Chhanabhai M, et al. Survival of Patients With Peripheral T-Cell Lymphoma After First Relapse or Progression: Spectrum of Disease and Rare Long-Term Survivors. *J Clin Oncol*.

2013;31(16):1970-1976.

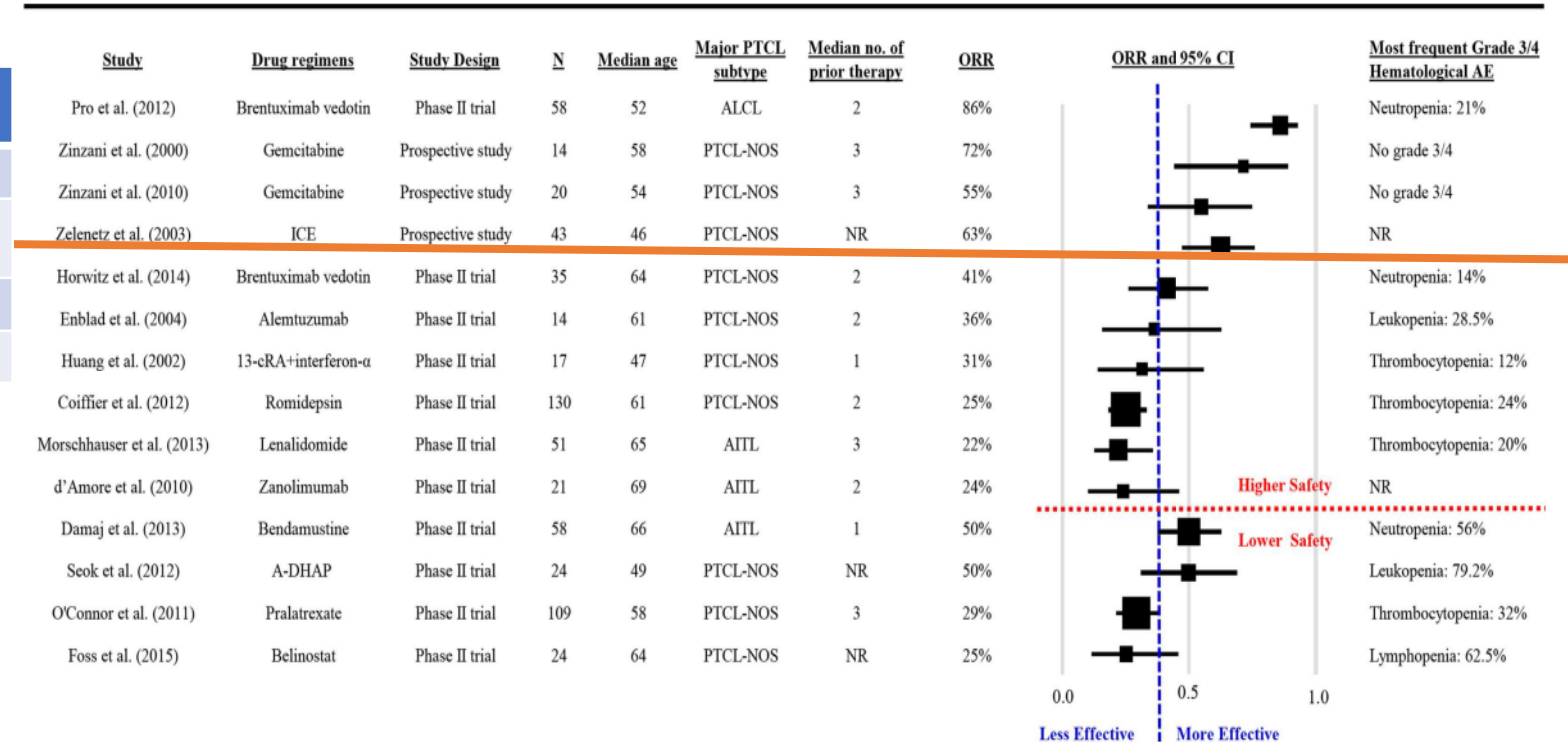
Biasoli I, Cesaretti M, Bellei M, et al. Dismal outcome of T-cell lymphoma patients failing first-line treatment: results of a population-based study from the Modena Cancer Registry. *Hematol Oncol*. 2015;33(3):147-151.

# Management of R / R PTCL ,NOS

## Salvage Therapy for Relapsed/Refractory PTCL

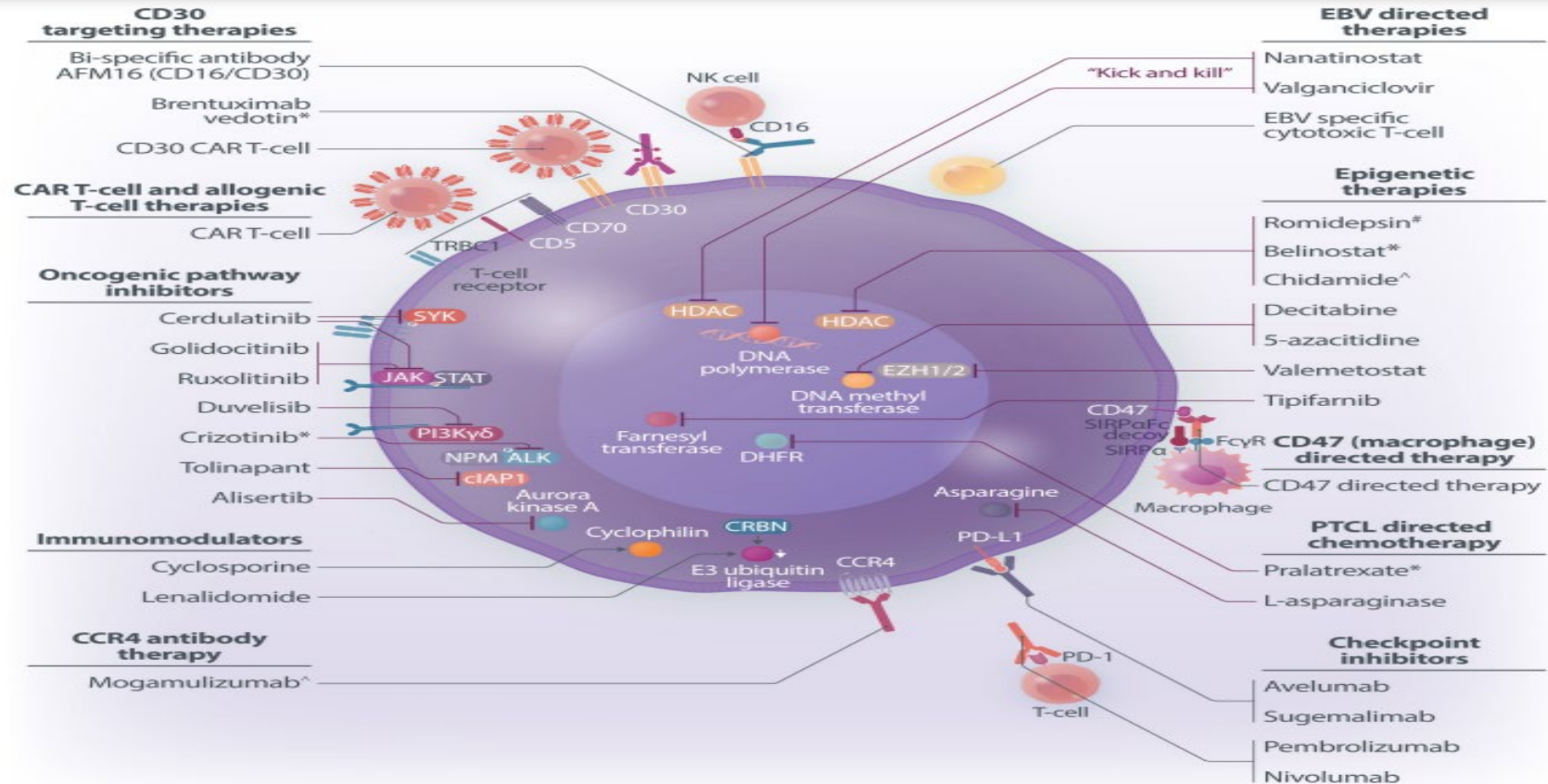
Chemotherapy	ORR (%)	CR (%)	mPFS (months)
GDP	69	19	4
Bendamustin	50	28	DOR 3.5
ICE	70	35	6
ESHAP	32	18	2.5

Mak et al. Clin Oncol. 2013; 31:1970–1976



Yang YT et al .Highly Diverse Efficacy of Salvage Treatment Regimens for Relapsed or Refractory Peripheral T-Cell Lymphoma: A Systematic Review. PLoS One. 2016 Oct 6;11(10):e0161811.

# Treatment Options



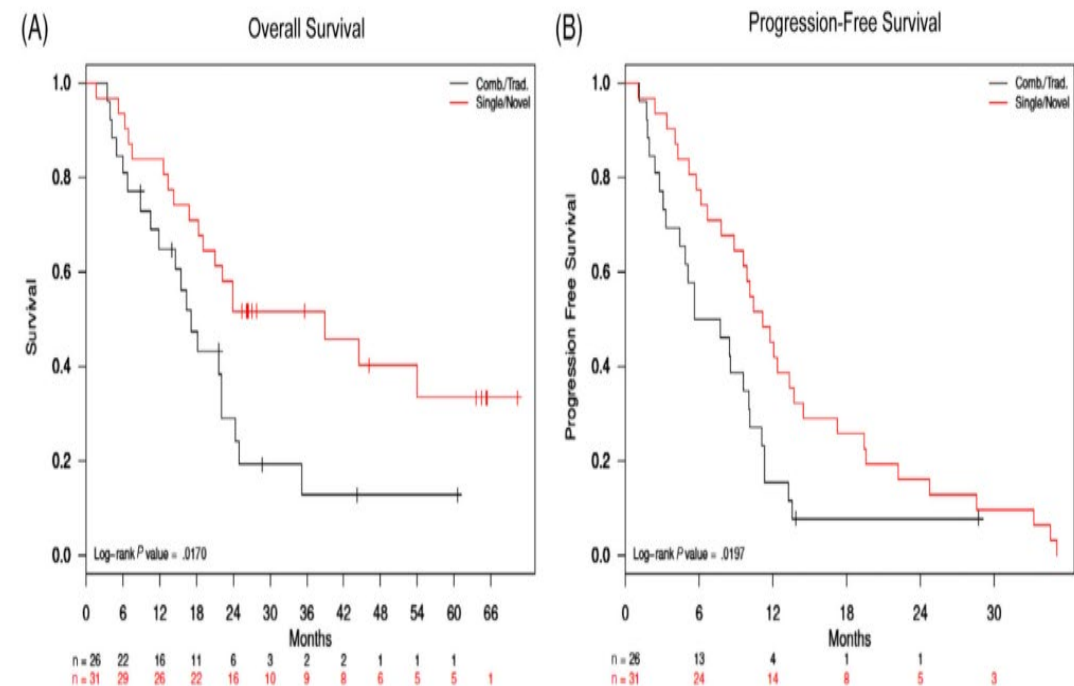
Savage KJ, De Leval L. Introduction to the peripheral T-cell lymphoma review series: advances in molecular characterization, classification refinement and treatment optimization. *Haematologica*. 2023 Dec

1;108(12):3204-3210.

# Single agents improves survival compared to combination chemotherapy in R/R PTCL

Demographics performance status, and histopathological characteristics at

	Total (%)	Combination (26)	Single (31)	P value
Mean age (years) ± SD		50.8 ± 14.9	63.4 ± 13.1	.0014
Gender				
Female	19/57 (33.3)	6/26 (23.1)	13/31 (41.9)	.1325
Male	38/57 (66.7)	20/26 (76.9)	18/31 (58.1)	
ECOG performance status				
0-1	53/57 (93.0)	24/26 (92.3)	29/31 (93.5)	.8551
2	4/57 (7.0)	2/26 (7.7)	2/31(6.5)	
Number of extranodal sites				
<2	12/32 (37.5)	7/15 (46.7)	5/17(29.4)	.3144
2 or more align	20/32 (62.5)	8/15 (53.3)	12/17 (70.6)	
Serum LDH elevated IU/ml	24/57 (42.1)	10/26 (38.5)	14/31 (45.2)	.6099
IPI:				
0	3/57 (5.3)	2/26 (7.7)	1/31(3.2)	.3826
1	12/57 (21.1)	6/26 (23.1)	6/31(19.4)	
2	22/57 (38.6)	11/26 (42.3)	11/31 (35.5)	
3	16/57 (28.1)	7/26 (26.9)	9/31(29.0)	
4	4/57 (7.0)	0/26 (0.0)	4/31(12.9)	
PIT score				
Group 1	14/57 (24.6)	9/26 (34.6)	5/31(16.1)	.1728
Group 2	24/57 (42.1)	9/26 (34.6)	15/31 (48.4)	
Group 3	13/57 (22.8)	7/26 (26.9)	6/31(19.4)	
Group 4	6/57 (10.5)	1/26 (3.8)	5/31(16.1)	
Histo pathology				
ALCL-ALK-	7/57 (12.3)	0/26 (0.0)	7/31 (22.6)	.0600
ALCL-ALK+	3/57 (5.3)	3/26(11.5)	0/31 (0.0)	
AITL	11/57 (19.3)	6/26 (23.1)	5/31(16.1)	
EATL	3/57 (5.3)	1/26 (3.8)	2/31(6.5)	
HSTL	3/57 (5.3)	1/26 (3.8)	2/31(6.5)	
PTCL-NOS	22/57 (38.6)	10/26 (38.5)	13/31 (41.9)	



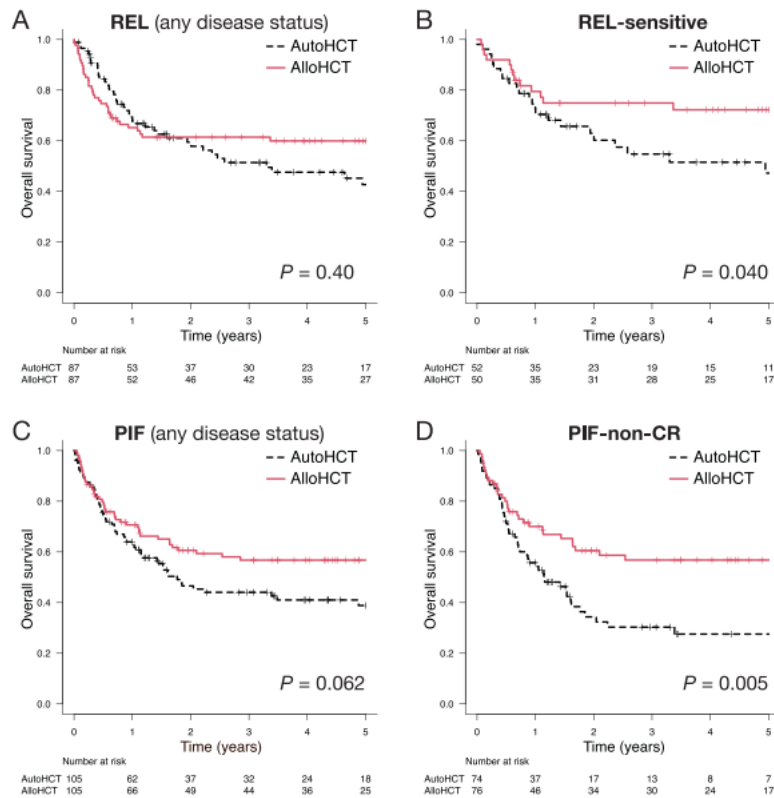
Stuver, R. N. et al. (2019). Single agents vs combination chemotherapy in relapsed and refractory peripheral T-cell lymphoma: Results from the comprehensive oncology measures for peripheral T-cell lymphoma treatment (COMPLETE) registry. *American journal of hematology*, 94(6), 641–649.

# | Single agents in R/R PTCL \*

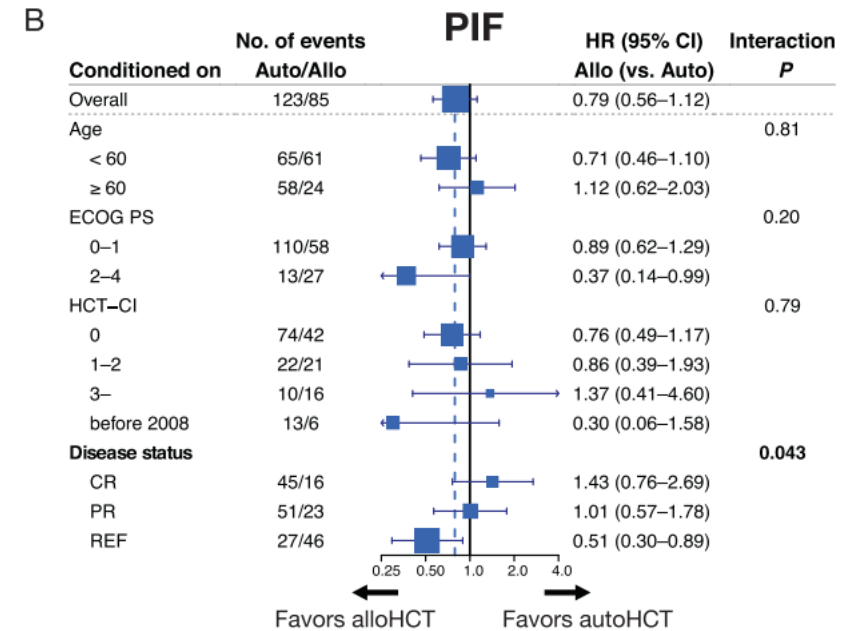
DRUG	Patients (n)	ORR / CR	mDOR (months)	PFS (months)	OS (months)
Brentuximab (Horwitz et al.)	n:35 (PTCL,NOS 22) 77 % primary refractory	33 % / 14 %	7.6	Median 1.6	No data
Pralatrexate ( O'Connor et al.)	n: 111 (PTCL ,NOS 53)	29 % / 11 %	10.1	Median 3.5	Median 14.5
Romidepsin (Coiffier et al.) m3rd line	n: 130 (PTCL,NOS 69 )	29 % / 14 %	17	Median 4	11.3
Belinostat (O'Connor et al. ) ≥1 line	n: 120 (PTCL,NOS 77)	26 % / 11 %	13.6	Median 1.6	Median 7.9

\*: Available in Turkey

# AlloSCT is favoured in primary refractory PTCL



**Fig. 4 Comparison of survival between auto- and alloHCT in the propensity-score-matched cohort.** Overall survival in REL at any disease status (A), REL-sensitive (B), PIF at any disease status (C), and PIF-non-CR patients (D). HCT hematopoietic stem cell transplantation, autoHCT autologous HCT, alloHCT allogeneic HCT, REL relapsed after first complete remission, PIF primary induction failure, REL-sensitive complete, or partial remission at HCT in REL group, PIF-non-CR disease status other than complete remission at HCT in PIF group.



**Fig. 3 Overall survival comparing alloHCT with autoHCT based on patients' characteristics in REL group (A) and PIF group (B).** Vertical solid lines indicate HR 1.0, and dashed lines indicate HR in the overall cohort. HCT hematopoietic stem cell transplantation, autoHCT autologous HCT, alloHCT allogeneic HCT, REL relapsed after first complete remission, PIF primary induction failure, HR hazard ratio, 95% CI 95% confidence interval, ECOG PS Eastern Cooperative Oncology Group performance status, AITL angioimmunoblastic T-cell lymphoma, PTCL-NOS peripheral T-cell lymphoma not otherwise specified, CR complete remission, PR partial remission, REF refractory, HCT-CI HCT comorbidity index.

Kameda, K., Kako, S., Kim, SW. *et al.* Autologous or allogeneic hematopoietic cell transplantation for relapsed or refractory PTCL-NOS or AITL. *Leukemia* **36**, 1361–1370 (2022).



# | DISCUSSION

- In our patient CHOP followed by ASCT was planned as first line treatment
- She had progressive disease despite a CR in interim evaluation.
- Salvage with ICE chemotherapy which shows an ORR of 63% followed by allo-tx was selected due to refund regulations but she did not respond to ICE chemotherapy.
- Regarding her transplant ineligible condition due to decreased DLCO after pulmonary embolism , monotherapy of brentuximab , belinostat , pralatrexate and romidepsin were all logical options at the second or further lines.
- Although she showed an initial response to brentuximab, in a short time she relapsed with a cutaneous involvement.

# | DISCUSSION

- Our patient received belinostat at the 4th line ; in that time point pralatrexate and romidepsin promised similar ORR. She had longest duration of response with Belinostat since her diagnosis but unfortunately progressed with cutaneous involvement as well as widespread lymphatic disease.
- Allogeneic transplant seems to be more efficient in the R/R setting with a higher toxicity profile compared to autotransplantation . Our patient was ineligible to both transplantation types due to lack of suitable donor and mobilisation failure of autologous stem cells.
- Regarding promising results of gemcitabine containing salvage data we preferred gemcitabin-oxaliplatin at the 5 th line due to limited access to novel agents.

# Thanks...

